

We're proud to be championing British farmers and producing fresh food sustainably.

## **Breakfast Menu**

Full English - thick cut bacon, Cumberland sausage, flat mushroom, black pudding, confit tomato, hash brown, eggs your way, toast, beans / 677Kcal / 14.5

Full Vegan - vegan sausages, avocado, flat mushroom, artichokes, confit tomato, hash brown, toast, beans / ve / 671 Kcal / 12.5

Add two eggs your way for 2

Breakfast Bap - sausage, hash brown, fried egg, cheese, HP, sesame bun / 722 Kcal / 10

Citrus & Fennel Cured Salmon - soft boiled egg, avocado, chilli, seeds / 402 Kcal / 13.5

Açaí Bowl - Açaí sorbet, kiwi, banana, coconut, chia seeds / ve / 334 Kcal / 9.5

Smashed Avocado - poached eggs, chilli, sourdough / v / 496 Kcal / 11.5

Ox Cheek Muffin - marmite hollandaise, poached eggs, fried onions / 435 Kcal / 12

Buttermilk Waffle - streaky bacon, fried eggs, maple syrup / 877 Kcal / 12.5 - berry compote, whipped cream / v / 715 Kcal / 11

Homemade Granola - yoghurt & honey / v / 424 Kcal / 7.5

## **Breakfast Drinks**

Appletiser / 129 Kcal / 3.5

Lemonaid Blood Orange / 99 Kcal / 3.95

Lemonaid Passion Fruit / 83 Kcal / 3.95

Ginger Zinger Pressed Juice carrot, apple, ginger / 187 Kcal / 4.6

Ultimate Detox Pressed Juicecelery, cucumber, mint, apple, kale / 202 Kcal / 5.1

> Freshly Squeezed Apple / 252 Kcal / 4.1 Carrot / 176 Kcal / 4.1 Orange / 103 Kcal / 4.1

Before you order your food and drink, please inform a member of the team if you have a food allergy or intolerance. An adult's recommended daily allowance is (2000 Kcal) Please note that some of our dishes are cooked using an oil which is produced from a genetically modified product.

(v) Vegetarian (ve) Vegan