BREAKFAST & LUNCH







Today Is Going To Be A GOOD DAY

Breakfast Specials

Available from open till 12pm

Smashed Avocado & Mojo Picon (ve)9.00

Smashed avocado, mojo picon, pico de gallo $\mathcal E$ spring onion on toasted sourdough

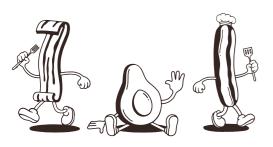
Add Chorizo 2.50 | Add Haloumi 2.50 | Add Egg 1.50 Add Vegan Chorizo 2.50 | Add Crispy Bacon 4.00

Soft scrambled eggs on lightly buttered toasted sourdough. Switch up to fried, poached or scrambled tahini tofu (ve) if you fancy

Add Crispy Bacon 4.00 | Add Vegan Chorizo 2.50 Add Avocado 4.00

2 blueberry pancakes with whipped butter & maple syrup Add Egg 1.50 | Add Crispy Bacon 4.00 Add Ice-Cream 1.50

Sausage, crispy bacon, fried egg, two hash browns & beans



Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

SCAN HERE FOR CALORIES



Sandwiches

All served in a warm, soft brioche bun



Add two Hash Browns OR Homestyle Potatoes for 3.00 with any sandwich

TBC Breakfast Burger9.95

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

Bacon, Avo & Applewood Smoked9.95 Cheddar (v available)

Crispy bacon, chopped avocado, applewood smoked cheddar & smashed brown with roast jalapeños, pink pickled onions & BC's very own Virgin Mary mayo

Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle $\ensuremath{\mathcal{E}}$

Sausage, Egg, Smashed Brown & 9.95 Applewood Smoked Cheddar

Sausage patty with applewood smoked cheddar, a fried egg, hash brown and a smokey BBQ pimped HP sauce

Bacon, Smashed Brown, 9.95 Egg & Cheese (v available)

With aged Red Leicester, fried egg and a chipotle ketchup

Caf Classics

The Full Monty 18.00

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash brown, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & about 22 baked beans (give or take)

Vegan sausage, vegan bacon, hash brown, fried eggs (ve switch to scrambled tahini tofu). Portobello mushrooms, roasted tomatoes & BC beans

15% off any dish for 65s & overs

If you're lucky enough to look under 60, please be prepared to show ID



Benedicts

Add Homestyle Potatoes for 3.00

Eggs Benedict (v available)

Crispy bacon, poached eggs $\mathcal E$ hollandaise on a toasted English muffin

Nashville Fried Chicken Benedict 16.00

Nashville style fried buttermilk chicken with house pickles, topped with poached eggs & a harissa cheese sauce on a toasted English muffin

Grand Royale

Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

Truffle Mushroom Benedict (v) 14.00

Portobello mushrooms, poached eggs & truffle hollandaise on a toasted English muffin

Deep-fried

6.00

CHOCOLICIOUS PANCAKE BALLS

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache (v)

Pancakes

The All American

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs $\ensuremath{\mathcal{E}}$ maple syrup Veggie & Vegan available

Big Stack 16.00

Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions $\ensuremath{\mathcal{C}}$ a fried egg

Pancakes, Cream & Berries (v or ve)14.00

Locally world famous pancakes, fresh berries, lemon $\ensuremath{\mathcal{C}}$ vanilla cream & maple syrup Vegan available

Blueberry Pancakes & Bacon (v available) 13.00

3 stack of fresh blueberry pancakes, crispy bacon $\ensuremath{\mathcal{E}}$ maple syrup

Club Classics

Smoked Salmon & Scrambled Eggs..14.00

Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper $\ensuremath{\mathcal{C}}$ lemon

Chorizo (choose vegan or meat), fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Chorizo (meat or make veggie with our in-house vegan chorizo), avocado, egg, harissa tomato beans, cheese, sour cream, pico de gallo, jalapeños and hot sauce

Fried Chicken Plates

Stacked thick cut brioche French toast, buttermilk fried chicken, pink pickled onions, sour cream, spring onions & maple syrup

Fried Chicken, Bacon & Waffles 17.00

Freshly baked buttermilk waffle, southern fried chicken, crispy bacon, fried egg & gravy

Buttermilk fried chicken, fried eggs, grilled quesadilla filled with red Leicester cheese & topped with a chipotle & tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Sides

Fries (110)

Fries (ve)	.4.00
Harissa Cheese Fries (v)	.5.00
Homestyle Potatoes (ve) With Mojo Picon	.5.00
French Toast (v)	.5.00
Hash Browns (ve) With Chipotle Ketchup	. 5.00
Fresh Berries (ve)	4.00
Toast (ve)	.3.00
Chunky Avocado (ve)	.4.00

SECOMING THE NATION. **BEST LOVED CAF**

The Breakfast Club Get-Togethers

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington





There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become The Nation's



get wrong.



Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are handpicked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

It could all still go horribly wrong. But here's why it doesn't. Every fried egg is fried in its own teeny weeny individual pan. The scrambled eggs - just eggs and butter, nothing more. Don't worry about egg poaching nightmares, over the years we've poached millions - you're in the hands of professionals here.

There you go. Stick your fork in, release the Egg Porn.