

O'Neill's

ORDER & PAY WITH  
OUR O'NEILL'S APP



LIFE BEGINS AFTER

*breakfast*





# Breakfast

## THE BEST PART OF WAKING UP

Whether you want your breakfast fried, French or veggie – we got you.

Start your day in the best way possible with a tasty breakfast at O'Neill's.

### THE MEGA IRISH BREAKFAST 9.50

Three Irish pork & leek sausages, three rashers of grilled back bacon, three fried free-range eggs and three hash browns with Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bloomer bread (+360 kcal) with butter 1420 kcal

### HEARTY IRISH BREAKFAST 7.50

Two Irish pork & leek sausages, two rashers of grilled back bacon, two fried free-range eggs, two hash browns, Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bloomer bread (+360 kcal) with butter 1006 kcal

### SMALL IRISH BREAKFAST 5.50

Irish pork & leek sausage, a fried free-range egg, grilled back bacon, hash brown, Heinz® baked beans, grilled tomato, flat mushroom and your choice of toasted white (+207 kcal) or wholemeal bloomer bread (+206 kcal) with butter 503 kcal

### HEARTY VEGGIE BREAKFAST V 7.50

Three vegan sausages, two fried free-range eggs, two hash browns, Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bread (+360 kcal) with butter 861 kcal

### SMALL VEGGIE BREAKFAST V 5.50

Vegan sausage, a fried free-range egg, hash brown, Heinz® baked beans, grilled tomato, a flat mushroom and your choice of toasted white (+207 kcal) or wholemeal bread (+206 kcal) with butter 340 kcal

### AVOCADO ON TOAST VE 5.50

Toasted muffin with spiced avocado, flat mushroom and cherry tomatoes 328 kcal

### FRENCH TOAST 7.25

Covered with maple syrup

#### CHOOSE A TOPPING:

**SMOKED STREAKY BACON** 763 kcal

**RED FRUITS V** 614 kcal

## THE NO-BRAINER BREAKFAST BAP!

Served in a toasted brioche-style linseed bun.

### THE WORKS 4.50

Two Irish pork & leek sausages, grilled back bacon and a fried free-range egg 674 kcal

### BACON & EGG BAP 4.25

Grilled back bacon and a fried free-range egg 322 kcal

### SAUSAGE & EGG BAP 4.25

Two Irish pork & leek sausages and a fried free-range egg 524 kcal

### VEGGIE SAUSAGE & EGG BAP V 4.25

Two vegan sausages and a fried free-range egg 435 kcal

ADD 2

hash browns

FOR ONLY £1

+189 kcal

## TASTY OATS

If a fry up ain't for you, perhaps this will do?

### CREAMY PORRIDGE V 2.95

Made with jumbo oats 191 kcal

#### CHOOSE A TOPPING:

**STRAWBERRY JAM** 143 kcal

**HONEY** 184 kcal

## COFFEES FOR mugs

	REGULAR	LARGE
AMERICANO	2.05 9 kcal	2.45 10 kcal
CAPPUCCINO	2.35 103 kcal	2.75 136 kcal
LATTE	2.35 108 kcal	2.75 146 kcal
MOCHA	2.35 135 kcal	2.75 153 kcal
TEA	1.95 27 kcal	

Adults need around 2000 kcal a day. Calories are correct at time of menu print. Live nutrition information is available online. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

V = made with vegetarian ingredients, VE = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. #All weights stated are approximate and prior to cooking. \*Dish contains alcohol. Alcohol is only served to over 18s. †Fish dishes may contain small bones. All items are subject to availability. All prices include VAT at the current rate.