GLUTEN AT WAHACA

NIBBLES & SIDES

To kick off your meal

PSST...

v = vegetarian

vg = vegan

vgo = vegan option available

s = spicy

N = contains nuts

• / • = fried dishes

Please see the note below on gluten in our kitchen

STREET

Smaller plates. Order two

DIPS

Made fresh every day, served with tortilla chips or organic carrot sticks

Wahacamole vg N £5.75

Light, smooth and creamy, freshly prepared from organic fava beans, mint and coriander, with nuts and seeds. Sustainable and delicious 178kcal

Guacamole vo £6.25

Avocados, lime and coriander 273kcal Add toasted chilli oil s vg + 25p +49kcal

Served with your choice of:

UNLIMITED Certified Gluten-Free

Tortilla Chips vg 335kcal Just ask for more...and more, on us

Organic Carrot Sticks vg 53kcal

NACHOS

Perfect for sharing between two or more

Mexico City Nachos £7.95

With Trealy Farm chorizo, black beans, crema, pink pickled onions, cheese sauce, tomato and avocado salsas 659kcal

Veggie Nachos v vgo £6.95

With black beans, crema, pink pickled onions, cheese sauce, tomato and avocado salsas 509kcal

TRIO OF FRESH SALSAS £1.95

Take tacos to the Mex vg 64kcal

Tomatillo Mild with citrusy green apple Chipotle Smoky tomato, medium spice Habanero s Fresh, fruity and fiery

Frijoles Crema v vgo £3.95

Creamy black beans with crumbled cheese and crema 137kcal

Frijoles Chorizo £4.50

Creamy black beans with Mexican-style chorizo 240kcal

Chargrilled Tenderstem

Broccoli vg N £5.25

With citrus dressing, toasted nuts and seeds 85kcal

Avocado & Cos Salad vg N £5.25

With mixed beans and herbs, sprinkled with toasted nuts and seeds 144kcal

FOOD

or three per person

Free Range Pork Pibil Tacos £6.95

Slow-cooked in citrus and spices, with pink pickled onions, in three tacos 286kcal

Free Range Chicken & Avocado Tacos £7.25

With ancho rub, guacamole and green tomatillo salsa, in two tacos 366kcal

Grilled 'Halloumi Al Pastor' Tacos v £7.25 British halloumi style cheese with tomatillo and pineapple salsas and dressed slaw, in two tacos 415kcal

Ancho Mushroom Tacos v vgo • £6.95

With jalapeño mayo, beetroot crisps and dressed slaw, in two tacos 239kcal

NEW Beef Gringa Tacos £7.50

Slow-cooked British grass-fed beef with grilled cheese and salsa fresca, in two tacos 344kcal

FOR THOSE WITH MILDER **GLUTEN SENSITIVITY**

Plantain Tacos v vgo ●£6.95

With hibiscus, crema and crumbled feta. in two tacos 495kcal

Sweet Potato & Feta Taquito v ● £6.75

With caramelised onion, salsas and chiptole mayo in a crisp blue corn tortilla 409kcal

Zesty Bean & Feta

Tostadas s v vgo • £5.95

Chickpeas, borlotti beans and organic peas with fresh tomato salsa 258kcal

NEW Devon Crab Tostadas ● £7.50

With chipotle mayo, tomato salsa, avocado and crispy onions 192kcal

Sweet Potato 'Bravas' v ● £5.75

Crispy sweet potatoes, with jalapeño allioli and smoky hibiscus dip 627kcal

Sweet Potato vg ● £4.75

Crispy fried chunks, tossed in smoky caramelised garlic mojo de ajo 347kcal

BIGGER PLATES

For when you just don't want to share

ENCHILADAS

Filled corn tortillas topped with a spiced tomato sauce and crema, served with salad, frijoles and rice

NEW Free Range Chicken

& Chorizo £13.50 741kcal

NEW Ancho Mushroom v vgo £12.50 445kcal

RAINBOW BOWLS

A wholesome bowl with black beans, green rice, slaw, guacamole, salsa and pink pickled onions

Free Range Pork Pibil £11.50 572kcal

Free Range Chicken £12.50 649kcal

FOR THOSE WITH MILDER **GLUTEN SENSITIVITY**

Sweet Potato & Tenderstem Broccoli v vgo • £10.75 491kcal

DESSERTS

NEW Ice Cream Sundae v £6.50

Chocolate salted caramel and vanilla ice cream with chocolate sauce, dulce de leche and honeycomb chunks 361kcal

GLUTEN AT WAHACA

We've designed this menu to help you choose dishes based on your sensitivity to The Big G.

OUR KITCHEN POLICY

While we make every possible effort to avoid cross-contamination of ingredients, it is not a factory production environment and we cannot guarantee your dishes will not have come into contact with a gluten-based product.

If you are at all concerned please notify a manager who will explain our procedures and do anything we can to go the extra mile.

FOR THOSE WITH MILDER **GLUTEN SENSITIVITY**

Some dishes – whilst not containing any gluten in their ingredients - are cooked in our fryers. Whilst our frvers are cleaned and filled with fresh oil regularly, they will have also been used to cook products containing gluten during a service. Some dishes also contain ingredients that our suppliers cannot guarantee contain no traces of gluten as a result of their production environment.

Dishes marked with a black dot (•) should be avoided by people with coeliac disease or if this level of cross contamination may affect you.

If the deep-fried element can be removed from the dish on request, it is marked with a blue dot (•).