

Nº.60
BALANS

OLD COMPTON STREET

ALL DAY BRUNCH

Eggs Benedict / Florentine (v)	11.5	Breakfast burrito (v)	14.5
Poached Woodland Farm eggs with a choice of ham, bacon or spinach on an English muffin, with homemade Hollandaise sauce		Spicy scrambled Woodland Farm eggs, halloumi, crispy Balans potatoes & spiced tomato in a tortilla wrap	
Eggs Royale	13	H. Forman smoked salmon, avocado & scrambled egg	16.5
Poached Woodland Farm eggs with H. Forman smoked salmon on an English muffin, with homemade Hollandaise sauce		H. Forman smoked salmon with scrambled Woodland Farm eggs, crushed avocado & toast	
Lobster Benedict	19	Cheese omelette (v)	9.5
1/2 lobster, poached Woodland Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce		Woodland Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes	
Full English	15.5	Steak & eggs	19.5
2 Woodland Farm eggs (your way), bacon, Cumberland sausage, field mushroom, tomato, crispy Balans potatoes & toast		Bavette steak & 2 Woodland Farm eggs (your way), with crispy Balans potatoes & chimichurri	
Eggs in hell (v)	11	Potato flatbread with avocado (ve)	12
2 Woodland Farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese		Charred flatbread, crushed avocado, dukkah, house salsa Fresca	
Two eggs any way (v)	7.5	French Toast (v)	10
Poached, fried, scrambled or boiled Woodland Farm eggs on sourdough, granary or gluten free toast (add crispy bacon, sausage for +2.5 or sliced avocado for +3.5)		Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon	
		Proper porridge (v)	5
		With milk & a squeeze of honey	

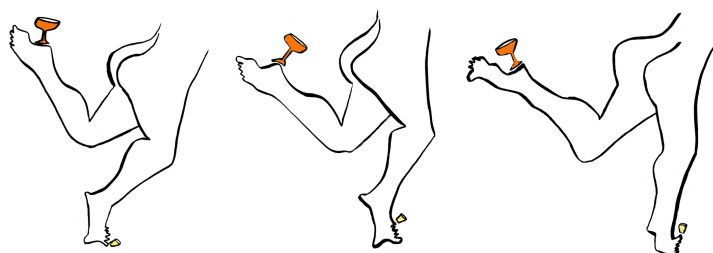
OUR FAMOUS PANCAKES

American pancakes (v)	11	Vegan pancakes (ve)	11	Fried chicken pancakes	11
With warm maple butter and a choice of bacon, banana or crushed berries		With maple syrup and a choice of banana or crushed berries		With kimchi salad, oat fried chicken & spicy Korean honey	

ADD-ONS

Halloumi, chorizo, avocado	3.5
Bacon, mushroom, sausage, cheese, black pudding, baked beans	2.5
Egg (your way)	2.8
Grilled chicken	5
H. Forman smoked salmon	8
Two pancakes & fruit	6
2 slices of toast	3.5

Sourdough, granary or gluten free (add jam or homemade marmalade for +1.5)



FOLLOW US FOR FUN & FROLICS @BALANSLONDON

(v) vegetarian (vg) vegan. Please inform your server if you have any food allergies

Nº.60

BALANS

OLD COMPTON STREET

LUNCH & DINNER

SANDWICHES

The Balans burger	19.5	Korean vegan burger (ve)	18.5
100% British chuck steak patty, Red Leicester, smoked bacon, lettuce, dill pickle, tomato & red onion marmalade, brioche bun with fries		Moving Mountains B12 patty dressed in Bulgogi sauce topped with crisp tempura spring onion with fries	
BBQ pork doughnut	16	Falafel & hummus wrap (ve)	16
BBQ glazed shredded pork, crackling & pickled chillis with fries		Pickles, tomato and sweet chilli sauce with fries	

SMALL PLATES

Manchego & Serrano croquettes	10	Crisp beetroot taco (ve)	9
Paprika aioli		Fragrant fried vegetables, shaved coconut & tamarind with a mango dressing	
Truffle mac & cheese (v)	10	Three cheese quesadilla (v)	8.5
Parmesan crumb		Crispy tortilla with Mexicana, Monterey Jack and soft cheese, tomatillo & chipotle salsa, sour cream	
Courgette & pea risotto (ve)	14	London burrata	13
Courgette and new season pea risotto with pickled courgette		Produced by La Latteria in North Acton, creamy burrata served with Isle of Wight tomatoes, crisp focaccia & walnut pesto	
Truffle fried chicken	9		
Crisp oat fried chicken bound in truffle honey			
Spiced calamari	12		
With pickled sea vegetables & Korean spiced mayo			

BIG PLATES

Keralan Curry	19	Rib-eye steak	35
Chicken, shrimp or vegetables (v), coconut, cashews, jasmine rice		Smoked bone marrow butter, burnt onion and mushroom ketchup, hand-cut chips and truffle mac & cheese	
Olive brined chicken	19	Chicken enchiladas	15
With butter beans, baby spinach & pistachio sauce		Black beans, Monterey Jack cheese, spiced tomato sauce in a grilled tortilla with melted Mexicana cheese & sour cream	
Squid ink linguine	18	Fish & chips	17.5
Preserved lemon, tomato, fennel & squid dressing, bottarga		Haddock from the British Isles, hand-cut chips & mushy peas	
Cobb salad	19	Roast cauliflower galette (ve)	16.5
Chicken, bacon, Cashel Blue cheese, avocado, roast tomatoes, Woodland Farm egg, ranch dressing, crisp shallots		Puff pastry with burnt cauliflower purée, romesco sauce, watercress & pickled radish	
(without chicken and bacon 14.5)			

SIDES

Fried corn ribs with garlic & rosemary salt	4.5	Crispy Balans potatoes, fries or hand-cut chips	5
Hispi cabbage	4.5	Cornish mid potatoes with garden herbs	4.5
Parmesan (option to make vegan)		Spinach	4.5
Mixed leaf salad	3.5		
Balans house dressing			

balans.co.uk

Follow us for fun & frolics @balanslondon

(v) vegetarian (vg) vegan. Please inform your server if you have any food allergies