

# LUNCH MENU

Served every day until 3pm

Any meal from the lunch menu plus a soft or hot drink\*.

## SANDWICHES

All sandwiches are served on white or brown bloomer bread, accompanied by a crisp salad garnish and tortilla chips

**CHEDDAR CHEESE V** £3.95  
(802 kcals)

**CHEDDAR CHEESE, TOMATO AND RED ONION V** £4.45  
(668 kcals)

**WILTSHIRE HAM AND CHEDDAR CHEESE** £4.75  
(731 kcals)

**CHICKEN AND BACON CAESAR SANDWICH M** £5.50  
(619 kcals)

*Inspired by Adele at Mecca Liverpool*



**SOUP OF THE DAY** £3.95  
Served with a crusty white bread roll and butter (415 kcals)

**JACKET POTATO V** £3.95  
Served with butter, a crisp salad garnish and creamy coleslaw (406 kcals)

Toppings £1 each, choose from:  
ham (94 kcals), cheese V (189 kcals), beans V (83 kcals)

\*Choose from the following drinks:  
Tea (12 kcals), regular Americano (18 kcals), Cappuccino (115 kcals), Latte (151 kcals), Hot Chocolate (285 kcals), 16oz Pepsi Max (2 kcals), Diet Pepsi (3 kcals) or R Whites Lemonade (9 kcals)



## DESSERTS

### KNICKERBOCKER GLORY V

Strawberry, chocolate and vanilla flavoured ice creams, accompanied by raspberry, chocolate and toffee flavoured sauces, topped with whipped cream, dark chocolate chips and a cookie wedge (425 kcals)

### INDULGENT CHOCOLATE CAKE V

Enjoy hot or cold, with vanilla flavoured ice cream (670 kcals)

We will donate 20p to the Carers Trust for every piece of chocolate cake sold



### WHITE CHOCOLATE & RASPBERRY ROULADE V

Served with fresh raspberries and raspberry sauce (659 kcals)



## MILKSHAKES M

*Inspired by the team at Mecca Southend*

### BANOFFEE V

Vanilla ice cream, milk, banana pieces, toffee sauce, topped with whipped cream and foam bananas (479 kcals)

### CHOCOLATE V

Vanilla ice cream, milk, chocolate chunks, chocolate sauce, topped with whipped cream and milk chocolate buttons (386 kcals)

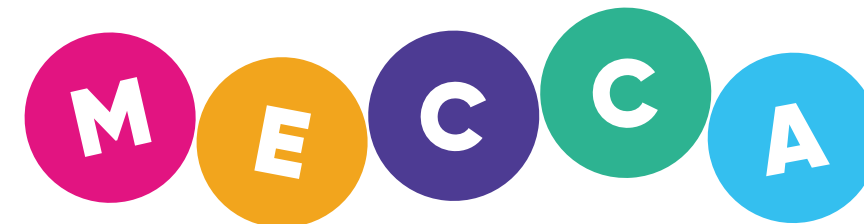
### STRAWBERRY V

Vanilla ice cream, milk, strawberries, strawberry sauce, topped with whipped cream and white chocolate snowies (392 kcals)



## Food to your table in 3 easy steps

1. Scan here with phone
2. Select your club
3. Place your order



# FOOD MENU



Harry Ramsden's  
WORLD FAMOUS FISH & CHIPS

ADULTS NEED AROUND 2000 KCAL PER DAY

ALLERGEN INFORMATION: If you have any allergies or intolerances, please make your server aware before ordering. For full allergen information please ask a member of the team.

V Suitable for vegetarians VG Suitable for vegans M Mecca loves I Inspired by ★ 2 for £12

Lunch deal – any lunch meal (excludes jacket potato toppings) plus drink from selected range for £5 before 3pm every day. No substitutions. 2 for £12 deal any two dishes from the meals indicated by ★ bought in the same transaction Monday – Thursday. Cannot be purchased separately.

Weights are approximate and prior to cooking. Some of our products may contain GM ingredients. Please be aware that our dishes are prepared in kitchens where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely free from traces of allergens. Fish, poultry and shellfish dishes may contain bones &/or shell. Photography for illustration purposes only. All products and promotions are subject to availability. Management reserve the right to substitute products at any time and to refuse service. Over 18's only. Participating clubs subject to local restrictions.



LITE BITES

**HOT AND KICKIN' CHICKEN TENDERS**  
3 tenders, served with cucumber batons and a choice of dip: ranch (426 kcals), buffalo hot (317 kcals) or BBQ (345 kcals)

**NACHOS** **V**  
Topped with soured cream, cheese, cheese sauce, salsa and jalapeños (505 kcals)

**BEETROOT AND GINGER FALAFELS** **VG** **M**  
Served with cucumber batons and garlic mayonnaise (345 kcals)

**HALLOUMI FRIES** **V**  
Served with garlic mayonnaise dip (939 kcals)

**SCAMPI BITES**  
Served with tartare sauce and a fresh lemon wedge (436 kcals)

TOASTIES

All toasties available on white or brown bloomer bread and served with chips

**CHEDDAR CHEESE** **V** £5.50  
(1282 kcals)

**SMOKED APPLEWOOD CHEESE** **VG** **M** £5.75  
(1094 kcals)

**CHEDDAR CHEESE, TOMATO AND RED ONION** **V** £5.75  
(1131 kcals)

**WILTSHIRE HAM AND CHEDDAR CHEESE** £5.95  
(1210 kcals)



SHARING PLATTERS

**SIGNATURE SHARING PLATTER** £13.50  
Hot and kickin' chicken tenders, scampi bites, halloumi fries, potato wedges, garlic bread, creamy coleslaw and salad garnish, served with tartare and BBQ sauces (2847 kcals)

**SIGNATURE VEGETARIAN SHARING PLATTER** **V** £13.50  
Beetroot and ginger falafels, halloumi fries, potato wedges, garlic bread, creamy coleslaw and salad garnish, served with BBQ and buffalo hot sauces (2814 kcals)

MIDWEEK MEAL DEAL

All day Monday to Thursday

Any two dishes marked **★**

2 FOR £12



CLASSICS

**CLASSIC HOT DOG** **★** £6.50  
Topped with fried red onions, American mustard and tomato sauce, served with chips (1322 kcals)

**SPICY BUFFALO HOT DOG** **★** £6.25  
Topped with cheese sauce, chopped jalapeños and buffalo hot sauce, served with chips (1345 kcals)

**HOT AND KICKIN' CHICKEN TENDERS**  
Chicken tenders with chips and your choice of dip. Choose from buffalo hot (15 kcals), BBQ (62 kcals) or ranch (199 kcals)  
Three tenders (1203 kcals) and one dip **★** £6.50  
Six tenders (1473 kcals) and two dips £7.95

**HUNTERS CHICKEN** **M** £8.95  
BBQ smothered roast chicken breast, topped with melted cheddar cheese and crispy bacon, served with chips, onion rings and creamy coleslaw (1513 kcals)

**CLASSIC MAC AND CHEESE** **V** £7.50  
Served with garlic bread and a salad garnish (1509 kcals)

**CHICKEN TIKKA CURRY AND RICE** **M** £8.95  
Served with mini poppadums, mango chutney and raita, topped with spring onions (1023 kcals)  
Swap your rice for chips (1335 kcals)

**HOUSE CAESAR SALAD** **V** £5.95  
Baby gem lettuce, Caesar dressing, croutons, and Italian hard cheese shavings (570 kcals)  
Add crispy chicken (281 kcals) **★** £2  
Add roasted chicken (156 kcals) **★** £2  
Add beetroot and ginger falafels **★ VG** £2 (102 kcals)



OUR FAMOUS LOADED FRIES

**SINGLE PORTION** **★** £6.50  
**SHARER PORTION** £8.95



**DIRTY FRIES** **M**  
Griddled chopped beef burger, cheese sauce, crispy bacon bits, American mustard and tomato sauce, topped with spring onions  
Single (1474 kcals)/Sharer (2439 kcals)

**CRISPY CHICKEN FRIES**  
Chopped fried chicken, cheese sauce, crispy bacon, buffalo hot sauce topped with spring onions  
Single (1286 kcals)/Sharer (1913 kcals)

**DIRTY VEGAN FRIES** **VG**  
Chopped garden gourmet burger, smoked applewood cheese, vegan garlic mayonnaise, BBQ sauce and jalapeños topped with crushed tortilla chips and spring onions  
Single (1195 kcals)/Sharer (2035 kcals)



Harry Ramsden's  
WORLD FAMOUS FISH & CHIPS

ALL DISHES ARE SERVED WITH HARRY RAMSDEN'S CHUNKY CHIPS

**BRITISH JUMBO PORK SAUSAGE** **★** £7.95  
Battered or unbattered sausage served with curry sauce  
(battered 1154 kcals/unbattered 985 kcals)  
Add a second Harry Ramsden's sausage £2 (battered 570 kcals/unbattered 364 kcals)

**BATTERED COD AND CHIPS** **M** £8.95  
Cod, cooked to order, served with mushy peas, tartare sauce and a lemon wedge (1270kcals)

**WHOLETAIL SCAMPI** £8.25  
Served with tartare sauce and a lemon wedge (1140 kcals)

**CHIP SHOP SHARING PLATTER** £12.50  
Cod goujons, hot and kickin' chicken tenders, battered jumbo sausage, homemade onion rings, gherkins and pickled onions. Served with tartare, curry sauce and a lemon wedge (2025 kcals)  
Add a portion of Harry Ramsden's chips £2 (621 kcals) or 2 slices of bread and butter £1 (375 kcals)

BURGERS

Burgers are served on a brioche bun with chips and creamy coleslaw (excluding Garden Gourmet)

**HOUSE BURGER** **★** £7.95  
Beef burger topped with melted cheese, tomato sauce, crispy bacon, mayo, lettuce and tomato (1650 kcals)

**BBQ PORK RIB BURGER** **M** £8.95  
BBQ pork rib patty, topped with crispy bacon, melted cheese, lettuce, tomato and BBQ sauce (1443 kcals)

**CRISPY CHICKEN BURGER** **★** £7.95  
Topped with crispy bacon, melted cheese, lettuce, tomato and mayo (1534 kcals)

**GARDEN GOURMET BURGER** **VG** **★** £7.95  
Vegan patty, topped with smoked applewood cheese, mayonnaise, tomato, lettuce, served with chips and a salsa dip (1265 kcals)

Double up with an extra patty for £2:  
Beef (413kcals)  
BBQ Pork Rib (200kcals)  
Crispy Chicken (281kcals)  
Garden Gourmet (314 kcals)

Add onion rings £2



SIDES

Garlic Bread **V** (592 kcals) £1.75  
Baked Beans **VG** (118 kcals) £1.75  
Mushy Peas **VG** (88 kcals) £1.75  
Curry Sauce **V** (61 kcals) £1.75  
Gravy **V** (52 kcals) £1.75  
Garlic Bread with Cheese **V** (804 kcals) £2.75  
Coleslaw **V** (268 kcals) £2.95  
Onion Rings **VG** (553 kcals) £2.95  
Chips **VG** (574 kcals) £2.95  
Side Salad **VG** (45 kcals) £2.95  
Harry Ramsden's Chips (621 kcals) £3.95  
Seasoned Potato Wedges **V** (387 kcals) £3.25

**DIPS:**  
BBQ **VG** (62 kcals), Buffalo Hot **VG** (15 kcals), 75p  
Ranch **V** (199 kcals), Soured Cream **V** (100 kcals),  
Salsa **VG** (18 kcals)

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