

THE
ANCHOR INN
— AT LOWER FROYLE —

ITALIAN SUPPER CLUB

Puccini on arrival

Starters

Aubergine Parmigiana (v)

A classic Italian dish made with thinly sliced, floured and fried aubergine layered with tomato sauce and cheese, and baked in the oven. The dish dates back to 1733 when Vincenzo Corrado, a Puglian chef who was working in Naples, included the recipe in his book.

Served with a glass of Sangiovese

Vitello tonnato

Vitello tonnato is the Italian version of 'Surf & Turf', consisting of an unusual combination of flavours - thinly sliced veal served with a delicious creamy sauce flavoured with tuna. Originally from Piedmont this dish can easily be found in Lombardy and Liguria.

Served with a glass of Pinot Grigio

Mains

Saltimbocca alla Romana

Meaning literally "to jump in mouth", saltimbocca is an iconic dish, traditionally made with veal, prosciutto, and fresh sage leaves in a delicate white wine and butter sauce, but the veal is often exchanged for chicken.

Served with a glass of Gavi

Orata all'acqua pazza

Translating as 'crazy water' in English, acqua pazza refers to poaching a white fish, in this case sea bream, in a salted water sauce.

The dish originates in Naples, when fishermen would cook their catch in seawater with tomatoes and olive oil.

Served with a glass of Vermentino

Polenta with wild mushrooms (v)

Polenta is a northern Italian dish made of coarsely ground corn. Freshly cooked, polenta is soft and creamy, and makes a terrific bed for sauces - on this occasion it is served with a tomato and wild mushroom sauce.

Served with a glass of Chianti

Dessert

Orange ricotta cake (v)

The Italian version of the American cheesecake. The production of ricotta in the Italian peninsula dates to the Bronze Age and the addition of orange is probably related to a Sephardic orange cake.

Served with a glass of Vin Santo

Espresso and real homemade limoncello

Allergen Info - (v) Vegetarian, (ve) Vegan, (veo) Vegan option available on request. Ask a team member for gluten-free options. Please inform a member of our team of any allergies before placing your order. We cannot guarantee the absence of all allergens.