

SUNDAY SOUL SESSIONS

WITH URBAN SOUL FAMILY

2 COURSES

STARTERS

CRISPY DUCK BAO

Hot and sweet glazed duck, cucumber, pickled carrot and red cabbage, miso mayo, served in a light and fluffy steamed bun. 351 kcal

KING PRAWN SPRING ROLLS

King prawns with coriander and garlic, hand-rolled in a crispy pastry and served with a sweet chilli dip. 323 kcal

AVOCADO & SUMAC HOUMOUS **Ve**

Warmed toasted pitta bread, vegetable crudite, mixed seeds, goji berries. 601 kcal

DEEP FRIED BRIE WEDGES **V**

Japanese breadcrumbed Brie and caramelised onion chutney. 792 kcal

MAINS

KOREAN FRIED CHICKEN BURGER

Crispy coated chicken with Gochujang glaze, pickled carrot and red cabbage, sriracha mayo, tomato, gem lettuce, brioche bun. 1305 kcal

DELUXE BURGER

Our classic burger with salsa and mayo. 1235 kcal

ADD Monterey Jack cheese for 1.25 +75 kcal

FIRECRACKER CHICKEN SALAD **V**

Hot and sticky fried chicken on a bed of shredded oriental vegetable salad, topped with crushed chilli peanuts, Ponzu dressing and fresh lime. 660 kcal

ROAST CAULIFLOWER MALAYAN CURRY **Ve N**

Spiced roasted cauliflower, red pepper, sugar snap peas, butternut squash and spring onions in a coconut curry sauce. Served with a chapati and fragrant basmati rice 889 kcal or cauliflower rice 673 kcal.

MAC 'N' CHEESE **V**

Macaroni pasta with four cheese sauce, topped with a Marmite crumb. 1243 kcal

DESSERT

BAKED VANILLA CHEESECAKE **N**

Served with raspberry sorbet. 568 kcal

TERRY'S CHOCOLATE ORANGE BROWNIE **V N**

With traditional vanilla ice cream. 660 kcal

TRIO OF ICE CREAM **V**

Vanilla 91 kcal per scoop · Dark chocolate 100 kcal per scoop
Strawberries & cream 100 kcal per scoop · Honeycomb 115 kcal per scoop

ADULTS NEED AROUND 2000 KCAL A DAY. IF YOU HAVE A FOOD ALLERGY OR ARE SENSITIVE TO CERTAIN INGREDIENTS, PLEASE ASK A MANAGER FOR ASSISTANCE **V VEGETARIAN **N** CONTAINS NUTS **Ve** VEGAN**

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals. Not all allergens are listed on the menu. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. A full list of ingredients used in each dish is available for your peace of mind.

bar&kitchen
banyan

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FOOD MENU