

*If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks.  
Full allergen & dietary information is available at [the-lostandfound.co.uk](http://the-lostandfound.co.uk). Adults need around 2000 kcal a day*

# THE LOST & FOUND

## FORK BUFFET

14.95 PER PERSON

*Please select TWO items from section A,  
TWO from section B and ONE from section C:*

### A

HOUMOUS **VE** *with charred flatbread. 413kcal. 3 dessert spoons of houmous and 3 slices of flatbread*

GREEN SALAD **V** *with Gran Moravia cheese and lemon dressing. 196kcal. 1 serving spoon*

CAESAR SALAD 285kcal. 1 and ½ serving spoons

TRIPLE COOKED CHIPS **VE\*** 251kcal. 2 serving spoons

SEASONED SKINNY FRIES **VE\*** 384kcal. 2 serving spoons

### B

TERIYAKI CHICKEN SKEWER *cucumber, carrot and spring onion salad. 170kcal. 1 each*

BANG BANG CAULIFLOWER **VE\*** 311kcal.  
2 serving spoons

LEMON & GRAN MORAVIA CHEESE COD GOUJONS  
313kcal. 2 each and 2tsp tartare sauce

HAND STRETCHED GARLIC BREAD *with confit garlic butter. 425kcal. 3 slices*

PADRÓN PEPPERS **VE** *with smoked paprika salt. 62kcal. 11 each*

CRISPY FRIED HALLOUMI **V\*** *with sweet chilli jam. 390kcal. 2 each, 2tsp chilli jam and 2tsp crème fraîche*

### C

MARINATED SWEET CHILLI BEEF SKEWERS 224kcal.  
1 each

MAC & CHEESE **V** 386kcal. 1 serving spoon

MINI CHEESEBURGER SLIDERS *with Dijon mayonnaise. 450kcal. 1 each*

CORNFLAKE CHICKEN *with chipotle mayonnaise and jalapeños. 539kcal. 2 each*

HONEY & MUSTARD GLAZED PORK BELLY *with apple sauce. 304kcal. 2 each and 2tsp apple sauce*

ADD mini chocolate brownies 258kcal. 1 each 2.00

## PIZZA BUFFET

11.95 PER PERSON

*A selection of hand-finished crispy pizzas:*

MARGHERITA **V** *marinated Mozzarella, semi dried tomatoes and basil. 191kcal. 1 slice*  
*Vegan option available 165kcal. 1 slice*

POLLO PEPERONCINO *spicy chilli chicken, Peppadew® peppers, marinated Mozzarella, goat's cheese and red onion. 192kcal. 1 slice*

CAPRINO **V** *goat's cheese, Peppadew® peppers, red onion marmalade, marinated Mozzarella, basil pesto and rocket. 213kcal. 1 slice*

*Served alongside:*

GREEN SALAD **V** *with Gran Moravia cheese and lemon dressing. 196kcal. 1 serving spoon*

SEASONED SKINNY FRIES **VE\*** 384kcal.  
2 serving spoons



Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product.

We do not include 'may contain' information. Our menu descriptions do not include all ingredients. Please speak to a member of our team should you have any concerns. Full allergen information is available through [allergyinfo.the-lostandfound.co.uk](http://allergyinfo.the-lostandfound.co.uk)

(V/VE) Suitable for vegetarians & vegans or vegetarian/vegan option available. (V/VE)\* We cannot guarantee that our vegetarian & vegan dishes have been cooked in dedicated vegetarian/vegan fryers. Please ask a member of the team for more information. We select our fish from sustainable sources. We regret that we cannot guarantee that our fish/lamb/chicken/pork/beef/shellfish dishes do not contain bones or shell. Where we state a weight, it's a raw weight and 1oz equals approximately 28 grams.

Calorie counts are for guidance only and are based on the complete dish/drink as listed on the menu, excluding any additional seasoning or sauces that may be added by the guest. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular restaurant.