

'SMITHS' OF SMITHFIELD

Fresh Juice

Ginger Zinger - Carrot, apple, ginger / 187 Kcal / 4.6
Ultimate Detox - Cucumber, apple, lime / 202 Kcal / 5.1
Apple / 252 Kcal / 4.25
Carrot / 176 Kcal / 4.25
Orange / 103 Kcal / 4.25

Breakfast Menu

Full English - thick cut bacon, Cumberland sausage,
flat mushroom, black pudding, confit tomato,
hash brown, eggs your way, toast, beans / 677Kcal / 16

Full Vegan - vegan sausages, avocado, flat mushroom,
artichokes, confit tomato, hash brown, toast, beans / ve / 671 Kcal / 14
Add two eggs your way for 2

Breakfast Bap - sausage, hash brown, fried egg,
cheese, HP, brioche bun / 722 Kcal / 12.5

Citrus & Fennel Cured Salmon - soft boiled egg,
avocado, chilli, seeds / 402 Kcal / 14.5

Açaí Bowl - Açaí sorbet, kiwi, banana, coconut, chia seeds / ve / 334 Kcal / 10.5

Smashed Avocado - poached eggs, chilli, sourdough / v / 496 Kcal / 12.5

Ox Cheek Muffin - marmite hollandaise, poached eggs,
fried onions / 435 Kcal / 14.5

Homemade Granola - yoghurt & honey / v / 424 Kcal / 8.5

We're proud to be championing British farmers and producing fresh food sustainably. Before you order your food and drink, please inform a member of the team if you have a food allergy or intolerance. An adult's recommended daily allowance is (2000 Kcal) Please note that some of our dishes are cooked using an oil which is produced from a genetically modified product.

(v) Vegetarian (ve) Vegan

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Breakfast Drinks

Appletiser / 129 Kcal / 3.5

Lemonaid Blood Orange / 99 Kcal / 3.95

Lemonaid Passion Fruit / 83 Kcal / 3.95

Hot Drinks

Tea

English Breakfast / Earl Grey / Lemongrass and Ginger / Peppermint /
Green Tea / Red Berry and Flower / 1 Kcal / 4

Coffee

Espresso / 1 Kcal / 3.5

Large Espresso / 2 Kcal / 4

Macchiato / 9 Kcal / 3.5

Café Latte / 85 Kcal / 4

Cappuccino / 69 Kcal / 4

Flat White / 49 Kcal / 4

Americano / 2Kcal / 4

Mocha / 191 Kcal / 4

Hot Chocolate / 210 Kcal / 4

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