

Don't forget to try the THE GATE BOOST our signature warm blend of turmeric, lemon, and ginger with a touch of local honey from the London Honey Company – Helps to reduce oxidative stress, boosts immune system, reduces inflammation, and burns belly fat

Bee-utiful benefits of Local Honey! Savor the rewards of supporting local farms while indulging in the golden goodness of local honey, known for its allergy-fighting properties, and packed with vitamins and minerals

# BREAKFAST



For help scan the QR code to contact our duty manager via WhatsApp

## THE GATE



ADULTS	£15
CHILDREN 5 TO 10 YEARS	£9
UNDER 5'S*	FREE

#### BAKERS SELECTION

Freshly baked butter croissants and a selection of pastries

White, brown and sourdough bread With a collection of artisanal preserves, jams, plant based butter and spreads

Don't be surprised if you occasionally see English muffins, bagels and rye bread!

#### FGGS

Boil them to your liking!

### CHILLED COLLECTION

Selection of cured meats Smoked salmon Fresh avocado crush British cheese selection Seasonal fresh fruit Greek or fruit flavoured yogurt Coconut yogurt (vg)

#### CEREALS

Choose from a selection Premium muesli, coco-pops and vegan granola Semi-skimmed, Sova and Oat Milk With Nuts, dried fruit and seeds

Look out for the locally sourced breakfast surprises we add from time to time!

In a hurry or on the go? Grab a coffee and pastry of your choice for £5

#### HOPE & GLORY TEA SELECTION

100% certified organic ingredients Sourced solely from Ethical Growers

#### **CAMDEN BLEND COFFEE**

Slow roasted coffee beans using traditional artisan technique by curators at London-Camden Coffee Roastery specially for The GATE

#### HOT CHOCOLATE

COLD BEVERAGES Choose from our collection of *Top Brewer* drinks

#### THE GATE BOOST

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\*Under 5's must be accompanied by a paying adult. Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat.