### **NO GLUTEN-CONTAINING INGREDIENTS**

These meals are made with ingredients that don't intentionally contain gluten. But since we handle gluten in our kitchens, we can't quarantee it's completely gluten-free. That means it's not suitable for people with coeliac disease. If you're ordering from this menu, please let a team member know.

#### **SMALLER BITES**

Halloumi Heat & Sweet

Grilled halloumi coated with sweet chilli sauce, 463 kcal

Tomato & Basil Soup With seeded bread roll & butter. 410 kcal

#### Chicken & Smoked Ham Hock **Terrine**

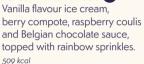
With caramelised red onion chutney. mixed leaves and seeded bread roll. & butter 416 kcal

Corn Fritters VG With a garlic & herb dip. 315 kcal

#### Hot & Cheesy Loaded Roll Cheddar, piri-piri hot sauce and spring onion, 359 kcal

Forest Fruits Sundae

**SWEET STUFF** 



Vegan option available. vg-M





Warmed, with your choice of:

Thon-dairy custard 395 kcal

Non-dairy vanilla flavour ice kream 392 kcal

#### Vanilla Flavour Ice Cream

Three scoops, with Belgian chocolate sauce 389 kcal

#### The Daily Crumble (VG)

With your choice of non-dairy custard or non-dairy vanilla flavour ice kream.

Chat to a team member for today's choices and calorie info.

#### With mash or a side salad. a fried egg and grilled pineapple.

Our grills are dished up with half

a grilled tomato and peas.

mash 801 kcal side salad 620 kcal

#### 10oz Rump Steak

Gammon Steak

**THE GRILL** 

With mash or a side salad.

mash 666 kcal side salad 485 kcal

#### **EXTRAS**

+ Fried Egg V 104 kcal

+ Peppercorn Sauce + 74 kcal



### LUNCH

#### Shroom & Blue Loaded Jacket

Mushrooms with blue cheese Cheddar, spring onion and butter. 948 kcal

#### Cheesy Beans Loaded Jacket

With butter, 670 kcal Vegan option available. VG 528 kcal



#### Brie & Tomato Roll

With mayo, lettuce and tomato salsa, dished up with a dressed salad. 605 kcal

### **PUR FAVES**

#### The Melt Burger

Our big and juicy beef burger with smoked streaky bacon, burger cheese and burger sauce, in a soft seeded brown roll with lettuce. onion and aherkin dished up with a dressed side salad, 508 kcal

#### Smoked Haddock & Mozzarella Fishcakes

With a dressed mixed salad and tartare sauce, 450 kcal

#### Chicken Tikka Masala

With pilau rice and mango chutney.

#### Cauliflower & Red Pepper Curry VG

With rice, 646 kcal

#### Shepherd's Pie

Lamb in a red wine sauce with carrot, onion and celery, topped with mash and Cheddar. with peas and gravy, 585 kcal

#### Hearty House Salad vo

Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa. edamame beans, corn fritters and a garlic & herb dressing. 576 kcal

### ON THE SIDE

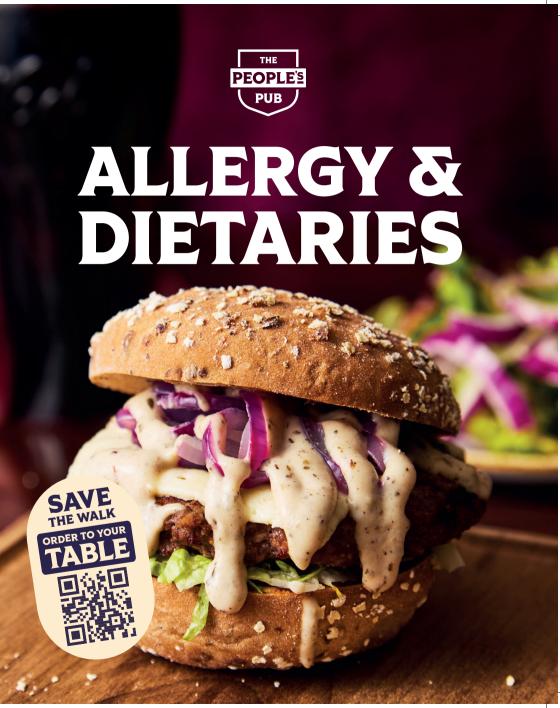
Mash 209 kcal



Side Salad VG 28 kcal

Adults need around 2000 kcal a day, so make them delicious.

11PPN\_425\_NGCI\_0769



# **VEGGIE & VEGAN**

### **SMALLER BITES**

Mac & Cheese Bites

With a hot honey Buffalo dip. 352 kcal

Corn Fritters VG

With a garlic & herb dip. 315 kcal

Tomato & Basil Soup

With bread & butter, 360 kcal Vegan option available. vc 268 kcal

Halloumi Heat & Sweet

Grilled halloumi coated with sweet chilli sauce, 463 kcal

Hot & Cheesy Garlic Bread

Garlic bread loaded with Cheddar, piri-piri hot sauce, crispy onion and spring onion. 482 kcal Vegan option available. ve-M 444 kcal

Bio Blue Garlic Bread

Mushrooms, onion and blue cheese sauce, 622 kcal

## **SHARER**

Grande Nachos



Suitable for vegetarians. Vo Suitable for vegans.

Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.

Contains alcohol.

Calories/nutritional values stated are subject to change. Fish and poultry dishes may contain bones and/or shell. Weights stated are uncooked weights. Our burger cheese is processed. Biscoff is a registered trademark of Lotus Bakeries.

## LUNCH **LOADED JACKETS**

Shroom & Blue

Mushrooms with blue cheese. Cheddar. spring onion and butter. 948 kcal

Cheesy Beans

With butter, 670 kcal Vegan option available. vg 528 kcal

#### **TOASTIE**

Honey Buffalo Brie

Brie, hot honey Buffalo sauce and spring onion, dished up with a side of chips, 930 kcal

#### WRAPS & BAGUETTES

Dished up with a side of chips.

Tortilla wrap +276 kcal Baquette +331 kcal

**BBQ** Chick'n

Buttermilk-style fillet with lettuce, sticky BBQ sauce and garlic & herb sauce. 807 kcal Vegan option available. VG-M 746 kcal

Brie & Tomato

With mayo, lettuce and tomato salsa. 770 kcal

### ON THE SIDE

10 Beer-Battered

Onion Rings (V) 661 kcal Chips 373 kcal

Side Salad VG 28 kcal

Cheesy Garlic Bread 618 kcal

Waffle Fries V 450 kcal

Mash 209 kcal

Skin-On Fries 455 kcal Garlic Bread 369 kcal



### **PUB FAVES**

#### Katsu Chick'n

buttermilk-style fillet and curry sauce with rice, peas, and spring onion. vc 686 kcal Veggie option available. V 787 kcal

Mac 'n' Cheese

With garlic bread and a dressed mixed salad.

Cauliflower & Red Pepper Curry Vo

With rice 646 kcal, or swap to chips and make it veggie. V 747 kcal

Hearty House Salad vo

Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice. quinoa, edamame beans and a garlic & herb dressing, 302 kcal

+ Corn Fritters vg +275 kcal

+ Buttermilk-Style Fillet vg +188 kcal

#### The Fiesta Grande Platter



All-Day Veggie Brekkie

Two THIS™ Isn't Pork sausages, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter ozaked

The Fiery Plant

THISTM Isn't Beef burger with burger cheese, caramelised onion, crispy onion, piri-piri hot sauce and burger sauce, in a soft glazed bun with lettuce, onion and gherkin, dished up with a side of skin-on fries, 1050 kcal

Vegan option available. VG-M 924 kcal



### **SWEET STUFF**

#### Billionaire's Chocolate Fudge Cake

Chocolate fudge cake topped with chocolate honeycomb, salted caramel sauce and Belgian chocolate sauce, with a scoop of vanilla flavour ice cream, 630 kcal

Honeycomb Cheesecake V

OUR FAVE

Toffee cheesecake topped with chocolate coated honeycomb pieces, toffee sauce and dark chocolate, with a scoop of vanilla flavour ice cream and Belgian chocolate sauce. 646 kcal

#### Forest Fruits Sundae

Vanilla flavour ice cream. berry compote, raspberry coulis and Belgian chocolate sauce, topped with rainbow sprinkles, 509 kcal Vegan option available. VG-M 328 kcal

Bakewell Tart vo-M

Warmed, with your choice of: Non-dairy custard 395 kcal

Non-dairy vanilla flavour ice kream 392 kcal

Vanilla Flavour Ice Cream

Three scoops, with your fave sauce. Belgian chocolate sauce 389 kcal

Biscoff sauce 448 kcal

Loaded Churros

Churros topped with dried raspberries, popping candy, Biscoff sauce and Belgian chocolate sauce. 787 kcal

#### The Daily Crumble vo

With your choice of non-dairy custard or non-dairy vanilla flavour ice kream

Chat to a team member for today's choices and calorie info.



Adults need around 2000 kcal a day, so make them delicious.

Adults need around 2000 kcal a day, so make them delicious.