# ALL BAR ONE

FOOD

# instrings first... NIBBLES

**NOCELLARA OLIVES (VE) 246kcal** 3.95 FOCACCIA WITH OIL & BALSAMIC DIP' (V) 709kcal 5.5 HOT HONEY POPCORN (V) 227kcal 3 95



Choose your favourite bottle of our house blend wine or 2 classic cocktails + 4 small plates.



# SMALL PLATES

Our small plates are perfect for grazing - great to share with a group or to enjoy on your own.

SOCIAL	5 plates to share <b>37</b>	SOLO	3 plates 23		
	TACOS* ket in gochujang sauce vion, little gem and chillie		9.5 do,	<b>DUCK GYOZA</b> Pan-steamed with ginger & soy dressing, chilli and spring onion <i>191kcal</i>	8.
KARAAGE STIC With toasted se and chipotle ja	esame seeds, chilli, spring	g onion	9.5	GARLIC & CHILLI KING PRAWNS  Pan-fried king prawns with garlic & chilli butter and served with toasted sourdough bread to dip 624kcal	9.
HALLOUMI FRI Southern fried aioli <i>529kcal</i>	I <b>ES (V)</b> dusting with smoked pap	orika & saff	<b>8.5</b> Fron	SALT & PEPPER CALAMARI  With sweet chilli dip and lime 260kcal	9
	LATBREAD (VE)   s-El-Hanout roasted chic	ckpeas <i>944k</i>	<b>7.95</b>	BUMBU BALI CHICKEN SKEWERS*  Chargrilled with an Indonesian-style marinade, with slaw and sweet & sour pickled pink onion 515kcal	9
CRISPY CAULIFLOWER BITES' (VE)   With sweet chilli dip and lime 406kcal			8.5	MUSHROOM ARANCINI (V)   Crispy Porcini mushroom & cheddar Arancini served with lovage pesto 273kcal	8
	& raisin toast, balsamic- pomegranate salad <i>519k</i>		<b>8.95</b> troot	ANTIPASTO MEAT SELECTION  A selection of cured meats; Coppa, Fennel and Milano salami 413kcal	9

26.95

12.5

12.5

# SHARING \_\_\_\_

Perfect to share between 2-4 people. Fancy a glass of wine or two? See our drinks menu for our full wine range.

## CHARCUTERIE BOARD

Baked Camembert with an apricot & ginger chutney, a selection of cured meats, toasted focaccia bread and Nocellera olives 2055kcal

NACHOS (V)

Cheddar cheese, tomato & coriander salsa, sour cream, smashed avocado and jalapeños 700kcal

ALL BAR ONE FAVOURITES BOARD\* 25.95

Bumbu Bali chicken skewers, salt & pepper calamari, crispy cauliflower bites and mushroom arancini 1373kcal

## TRIO OF FRIES (V)

Fries with smoked paprika and saffron aioli, fries with Gran Moravia, truffle-infused oil and rosemary and sweet potato fries with sour cream & Ras-El-Hanout spices 1464kcal

## STONE BAKED GARLIC PESTO FLATBREAD (V)

Topped with Gran Moravia, Lovage Pesto and sea salt 1264kcal

**SWEET POTATO FRIES (VE)** 455kcal 5.95

SEASONED SKIN-ON FRIES (VE) 401kcal 4.95

7.95

With smoked paprika and saffron aioli (v) 484kcal 5.5

With Gran Moravia, truffle-infused oil and rosemary (v) 457kcal 5.95

HOUSE SALAD\* (VE) 4.5

With roasted red peppers, balsamic-alazed beetroot and cherry tomatoes in a lemon dressing 225kcal

MAC & CHEESE (V) 425kcal 4.95 With BBQ beef brisket 684kcal 6.95 **ONION RINGS (VE) 580kcal** 4.5

# MATNS

## **PAN-FRIED SEA BASS** 19.95 A yellow Thai curry seafood sauce, infused with lobster and king prawns, served with sticky Jasmine rice, broccoli and tomato salsa 1216kcal FISH & CHIPS 17.95 Battered haddock with crushed minted peas, tartare sauce and seasoned skin-on fries 774kcal **CHICKEN MILANESE** 17.95 Crispy chicken breast with a dressed rocket salad, roasted pepper mayo and seasoned skin-on fries 1298kcal 10oz RIBEYE STEAK 25.95 21-day aged steak with beef dripping & thyme sauce, watercress and seasoned skin-on fries 1134kcal With onion rings 580kcal 4.5 SURF & TURF 30.95 21-day aged 10oz Ribeye steak with king prawns, beef dripping & thyme sauce, watercress and seasoned skin-on fries 1402kcal With onion rings 580kcal 4.5 PAD THAI (V) ∅ 12.95 Rice noodles, Copper Maran egg, pak choi, baby corn, broccoli, sugar snaps, beansprouts, sweet chilli and pine nuts. Choose - soy sauce or sriracha 559kcal With chicken breast & prawn cracker 291kcal 5 With king prawns & prawn cracker 327kcal

# BURGERS

Burgers are served with seasoned skin-on fries and topped with beef tomato and little gem lettuce in a toasted brioche-style bun. Upgrade to sweet potato fries (VE) 455kcal

## ALL BAR ONE SIGNATURE BURGER

Chargrilled beef patty, hand-pulled BBQ beef brisket with cheesy sauce, mayo and panko fried onion rings 1448kcal

## KOREAN BBQ CHICKEN BURGER'

Buttermilk chicken breast with Korean-style gochujang sauce, kimchi, cucumber, mayo, coriander and pickled pink onions 1030kcal

With smoked streaky bacon 105kcal

## FALAFEL & SPINACH BURGER (VE)

Falafel & spinach patty with flat mushroom, pickled pink onion, Applewood slice, jalapeños and tomato & coriander salsa 952kcal

## CLASSIC CHEESEBURGER

Chargrilled beef patty topped with smoked Cheddar cheese and mayo 1073kcal

With smoked streaky bacon 105kcal

## HALLOUMI & AVO BURGER (V) ∅

Grilled halloumi & smashed avocado with tomato salsa and mayo 1094kcal



# HALO BOWLS

Choose your base, then add toppings to make your perfect bowl.

## BANG BANG SALAD (VE) # 10.95

Mixed leaf salad with slaw, mango, red chillis and lemon topped with spiced mixed seeds and a ginger & soy dressing 257kcal

## POKE BOWL (V) # 11.5

Sticky Jasmine rice, cucumber, avocado, edamame beans and slaw. dressed with sriracha mayo and a ginger & soy dressing 587kcal

## LAKSA COCONUT CURRY (VE) # 11.5

Butternut squash, aubergine and sugar snap peas in a laksa curry sauce served with sticky Jasmine rice 523kcal

ADD YOUR TOPPINGS

BUTTERMILK CHICKEN BREAST GRILLED CHICKEN BREAST HALLOUMI (V) 302kcal4

232kcal 4

12.5

421kca/3.5

268kcal 4

KING PRAWNS SWEETCORN FRITTERS (VE) 245kca/3.5

# LUNCH

Available until 5pm

## CHICKEN & BACON FOCACCIA

Chargrilled chicken breast, smoked streaky bacon and roasted pepper mayo on toasted focaccia, with seasoned skin-on fries 1072kcal

#### FISH FINGER BUN 11.95

Panko crumbed fish fingers, little gem lettuce and tartare sauce in a toasted brioche-style bun with seasoned skin-on fries 750kcal

#### HALLOUMI & ROASTED VEG FOCACCIA (V) € 10.95

Grilled halloumi, flamed peppers, roasted aubergine and avocado on toasted focaccia, with seasoned skin-on fries 956kcal

#### MUSHROOM & APPLEWOOD QUESADILLA (VE) 10.95

Chargrilled chia tortilla with flat mushrooms, Applewood slices and avocado, with tomato salsa and sweet potato fries 704kcal

## CHICKEN QUESADILLA

11.95

12.5

18 5

17.5

2.5

16.5

16.5

2.5

16.5

Chargrilled tortilla with chicken breast, roasted peppers, chickpeas, smoky tomato sauce, Cheddar cheese and sour cream with seasoned skin-on fries 724kcal

## SALMON & DILL FISHCAKE'

Served with a poached Copper Maran egg, hollandaise sauce and seasoned skin-on fries 844kcai

Mon-Fri 12-5pm 14

Any lunch choice with ½ pint of Pravha, 125ml glass of house wine, Stylish Soda, draught soft drink or bottle of Lucky Saint.

Upgrade to a pint or 175ml glass of wine for an extra 1.5



# SOMETHING SWEET

BLUEBERRY & LEMON TORTE (VE)
With strawberries, a non-dairy coconut yoghurt
alternative and a mixed berry coulis 507kcal

POPCORN CHOCOLATE BROWNIE (V)
With vanilla ice cream and salted caramel sauce

981kcal

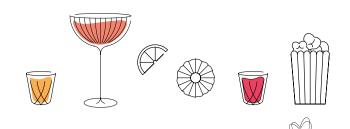
STICKY TOFFEE RUM PUDDING (V) 7.95 With ginger ice cream 793kcal

CHURROS 7.95

With chocolate sauce for dunking 494kcal



All Bar One are partnering with Social Bite to make sure your meal makes a difference. For each sale of any dessert, 25p goes towards helping people struggling with bad housing, unemployment and homelessness.



# MINIS FOR SHARING

Perfect for two to share – mini triple chocolate brownie with ginger ice cream, blueberry & lemon torte and churros with chocolate sauce for dunking 1239kcal

11.95

# LIQUID DESSERT

Please see our main drinks menu for our full range and pricing.

#### FRENCH MARTINI

A classy vodka-based cocktail with Cîroc Pineapple vodka, Chambord raspberry liqueur and pineapple iuice.

### **ESPRESSO MARTINI**

Chase vodka, Kahlua coffee liqueur, sugar syrup and coffee - utterly delicious.

## **PORNSTAR MARTINI**

7.95

One of our most popular cocktails. Absolut Vanilia vodka, passion fruit and a shot of Prosecco make it sweet but sour with a frothy top.

### SALTED CARAMEL OLD FASHIONED

Warm, salty and sweet with Woodford Reserve Kentucky bourbon whiskey, Angostura Bitters and salted caramel syrup.

# HOT DRINKS

All hot drinks are served with a shot of chocolate beans (V) *91kcal* 

**ESPRESSO** 11kcal 3.5 MOCHA 195kcal 3.75 **AMERICANO** 36kcal 3.5 LATTE 110kcal 3.75 **MACCHIATO** 36kcal **ICED MATCHA LATTE** 115kcal 4.15 CAPPUCCINO 112kcal 3.75 MATCHA CAPPUCCINO **HOT CHOCOLATE** 85kcal 4.15 289kcal

ICED COFFEE 99kcal 3.75

FLAT WHITE 72kcal 3.75 A SELECTION OF TEAS 3.5

# CAKES

 STICKY GINGER LOAF (V) 289kcal
 2.75

 BLUEBERRY MUFFIN (V) 548kcal
 2.95

 TRIPLE CHOCOLATE BROWNIE (V) 585kcal
 3.25

Coffee and Cale



Enjoy any hot drink & cake for 5.95

## **CUSTOMISE**

Add an espresso shot 11kcal 0.5
Caramel flavoured syrup 63kcal 0.5
Vanilla flavoured syrup 67kcal 0.5

A 100% Arabica, Rainforest Alliance Certified blend\*\*, containing coffee from territories where the Lavazza Foundation supports various communities of coffee producers.

## AVAILABLE TO TAKE AWAY!

\*\*Not applicable for decaffeinated coffee (not Rainforest Alliance certified).





## SUSTAINABLE MENU CHOICES

Food production accounts for 30% of global greenhouse gas emissions. At All Bar One, we're dedicated to cutting our menu's carbon footprint. By making small changes, we can all help create a healthier planet. Look for our leaf symbol # to find our low-emission, planet-friendly dishes.

Where table service is offered, a discretionary service charge of 10% may be added.

Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know <u>before</u> ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. \*= contains alcohol. Fish dishes may contain small bones. All calories are correct at the time of menu print. Live nutritional information is available online. Adults need around 2000kcal a day.