

# NO GLUTEN-CONTAINING INGREDIENTS

These meals are made with ingredients that don't intentionally contain gluten. But since we handle gluten in our kitchens, we can't guarantee it's completely gluten-free. That means it's not suitable for people with coeliac disease. If you're ordering from this menu, please let a team member know.

## SMALLER BITE

**Corn Fritters** **VE**  
With a garlic & herb dip. 315 kcal

**Hot & Cheesy Loaded Roll** **V**  
Cheddar, piri-piri hot sauce and spring onion. 359 kcal

## THE GRILL

Our grills are dished up with half a grilled tomato and peas.

**Gammon Steak**  
With mash or a side salad, a fried egg and grilled pineapple.  
**VE** mash 801 kcal **side salad** 620 kcal

**10oz Rump Steak**  
With mash or a side salad.  
**VE** mash 666 kcal **side salad** 485 kcal

## EXTRAS

**+ Fried Egg** **V** 104 kcal

**+ Peppercorn Sauce** **↓** 74 kcal

**+ Diane Sauce** **V** **↓** 74 kcal

## LUNCH

**Shroom & Blue Loaded Jacket** **V**  
Mushrooms with blue cheese, Cheddar, spring onion and butter. 948 kcal

**Cheesy Beans Loaded Jacket** **V**  
With butter. 670 kcal  
Vegan option available. **VG** 528 kcal

**Brie & Tomato Roll** **V**  
With mayo, lettuce and tomato salsa, dished up with a dressed salad. 605 kcal

## PROPER GOOD BURGERS

All our burgers come in a soft seeded brown roll with lettuce, onion and gherkin dished up with a dressed side salad.

**OUR FAVE**

**The Melt**  
Our big and juicy beef burger with smoked streaky bacon, burger cheese and burger sauce. 598 kcal

**The Beefy Blue**  
Our big and juicy beef burger with smoked streaky bacon, blue cheese, caramelised onion, garlic aioli mayo and burger sauce. 727 kcal

## PIMP YOUR BURGER

**+ Beef Burger & Burger Cheese** 327 kcal

**+ Smoked Streaky Bacon** 21 kcal

**+ Fried Egg** **V** 104 kcal

**+ Burger Cheese** **V** 41 kcal

## PUB FAVES

**Smoked Haddock & Mozzarella Fishcakes**  
With a dressed mixed salad and tartare sauce. 459 kcal

**Chicken Tikka Masala**  
With pilau rice and mango chutney. 718 kcal

**Cauliflower & Red Pepper Curry** **VG**  
With rice. 646 kcal

**Shepherd's Pie**  
Lamb in a red wine sauce with carrot, onion and celery, topped with mash and Cheddar, with peas and gravy. 585 kcal

**Hearty House Salad** **VG**  
Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa, edamame beans, corn fritters and a garlic & herb dressing. 576 kcal

## SWEET STUFF

**Forest Fruits Sundae** **V**  
Vanilla flavour ice cream, berry compote, raspberry coulis and Belgian chocolate sauce, topped with rainbow sprinkles. 509 kcal  
Vegan option available. **VG-M** 349 kcal

**Bakewell Tart** **VG-M**  
Warmed, with your choice of:  
**VE** Non-dairy custard 395 kcal  
**VE** Non-dairy vanilla flavour ice cream 392 kcal

**Vanilla Flavour Ice Cream** **V**  
Three scoops, with Belgian chocolate sauce 389 kcal

## SIDES

**Mash** **V** 209 kcal

**Side Salad** **VG** 28 kcal



# ALLERGY & DIETARIES



# VEGGIE & VEGAN

## SMALLER BITES

### Mac & Cheese Bites

With a hot honey Buffalo dip. 352 kcal

### Corn Fritters

With a garlic & herb dip. 315 kcal

### Classic Stack Nachos

Doritos® loaded with cheese sauce, jalapeños, spring onion, tomato salsa and garlic & herb sauce. 383 kcal




### Katsu Hash Browns

Hash browns topped with curry sauce, salt & pepper seasoning, crispy onion and spring onion. 614 kcal. 614 kcal



### Hot & Cheesy Garlic Bread



Garlic Bread loaded with Cheddar, piri-piri hot sauce, crispy onion and spring onion. 482 kcal  
Vegan option available.  444 kcal


## SHARERS

### Grande Nachos

Doritos® loaded with cheese sauce, jalapeños, spring onion, tomato salsa and garlic & herb sauce. 1017 kcal recommended for 2



 Suitable for vegetarians.  Suitable for vegans.

 Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Ingredients are based on standard product formulations; variations may occur.

 Contains alcohol.

Calories/nutritional values stated are subject to change. Fish and poultry dishes may contain bones and/or shell. Weights stated are uncooked weights. Our burger cheese is processed. Biscoff is a registered trademark of Lotus Bakeries.


## LUNCH

### LOADED JACKETS

#### Shroom & Blue

Mushrooms with blue cheese, Cheddar, spring onion and butter. 948 kcal

#### Cheesy Beans

With butter. 670 kcal  
Vegan option available.  528 kcal

### TOASTIE

#### Honey Buffalo Brie

Brie, hot honey Buffalo sauce and spring onion, dished up with a side of chips.. 930 kcal


### WRAPS & BAGUETTES

#### Dished up with a side of chips.

Tortilla wrap +276 kcal

Baguette +331 kcal

#### BBQ Chick'n

Buttermilk-style fillet with lettuce, sticky BBQ sauce and garlic & herb sauce. 807 kcal  
Vegan option available.  746 kcal

#### Brie & Tomato

With mayo, lettuce and tomato salsa. 770 kcal

## SIDES

#### 10 Beer-Battered Onion Rings

661 kcal

#### Chips

373 kcal

#### Waffle Fries

450 kcal

#### Skin-On Fries

455 kcal

#### Mash

209 kcal

#### Side Salad

28 kcal

#### Cheesy Garlic Bread

618 kcal

#### Garlic Bread




369 kcal



Waffle Fries

## PUB FAVES

### Katsu Chick'n

 buttermilk-style fillet and curry sauce with rice, peas, and spring onion.  686 kcal  
Veggie option available.  787 kcal

### Mac 'n' Cheese


With garlic bread and a dressed mixed salad. 944 kcal

### Tomato Pasta

With mixed peppers, red onion and crispy onion. 654 kcal

  Buttermilk-Style Fillet.  +188 kcal

### Cauliflower & Red Pepper Curry

With rice 646 kcal, or swap to chips and make it veggie.  747 kcal

### Hearty House Salad

Tomato, cucumber, mixed peppers, red onion, spring onion and mixed leaves with brown rice, quinoa, edamame beans and a garlic & herb dressing. 302 kcal

  Corn Fritters  +275 kcal


  Buttermilk-Style Fillet  +188 kcal

### All-Day Veggie Brekkie

Two THIS™ Isn't Pork sausages, two fried eggs, two hash browns, baked beans, mushrooms, grilled tomato, toast and butter. 972 kcal

### The Fiery Plant

THIS™ Isn't Beef burger with burger cheese, caramelised onion, crispy onion, piri-piri hot sauce and burger sauce, in a soft glazed bun with lettuce, onion and gherkin, dished up with a side of skin-on fries. 1050 kcal

Vegan option available.  924 kcal



Mac 'n' Cheese

## SWEET STUFF

### Billionaire's Chocolate Fudge Cake


Chocolate fudge cake topped with chocolate honeycomb, salted caramel sauce and Belgian chocolate sauce, with a scoop of vanilla flavour ice cream. 630 kcal

### Honeycomb Cheesecake

Toffee cheesecake topped with chocolate coated honeycomb pieces, toffee sauce and dark chocolate, with a scoop of vanilla flavour ice cream and Belgian chocolate sauce. 646 kcal



### Forest Fruits Sundae

Vanilla flavour ice cream, berry compote, raspberry coulis and Belgian chocolate sauce, topped with rainbow sprinkles. 509 kcal  
Vegan option available.  349 kcal

### Bakewell Tart

Warmed, with your choice of:

 Non-dairy custard 395 kcal

 Non-dairy vanilla flavour ice cream 392 kcal

### Vanilla Flavour Ice Cream

Three scoops, with your fave sauce.

 Belgian chocolate sauce 389 kcal

 Biscoff sauce 448 kcal

### Loaded Churros

Churros topped with dried raspberries, popping candy, Biscoff sauce and Belgian chocolate sauce. 787 kcal



Loaded Churros