



The Begging Bowl

We serve dishes from all regions of Thailand, honouring traditional cooking techniques and flavour profiles while incorporating seasonal ingredients. Our coconut milk is freshly pressed daily in our kitchen, and our pastes and sauces are made from scratch. To fully experience the sour, sweet, salty, and spicy flavours of Thai cuisine, we recommend choosing a variety of dishes to share.

Smaller

Herbal roasted peanuts, crispy garlic, crispy bird's eye chillies (gf, ve)	4
Betel leaf wrap of ginger, peanut, shallot, coconut, galangal, kapi, palm sugar (gf, veo)	3.5
Chive cakes, chilli dark soy dip (gf, ve)	8

Larger

Heritage tomato, apricot, garden peas, cashew, crispy garlic & green chilli dressing (ve, gf)	13.5
Crispy noodles and king prawn salad, brown crab, beansprouts, Chinese chives	15
Grilled beef salad, lemongrass, long coriander, mint, chilli, rice powder (gf)*	16
Smoked grilled octopus, nahm Jim sauce, fresh vegetables (gf)*	17
Stir-fry of pork collar, Asian mushrooms, cowslip flowers, spring onions (gf)	16.5
Stir-fry of mixed greens, wild mushrooms, chilli, garlic, yellow bean sauce (ve)	13.5
Charcoal grilled 'kolae' peanut curry of celeriac in banana leaf (gf, ve)*	16
Green curry of hake dumplings, fresh bamboo shoots, krachai, Thai basil, pea aubergine (gf)	20
Deep-fried whole seabass, physalis, sour mango, roasted rice, tamarind chilli dressing (gf)	26

* Marked dishes are our spiciest!

Rice

Jasmine & sticky rice, limitless (gf, ve)	3.95 per head
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Children

Stir-fry chicken, green beans, cucumber, sticky rice (gf, veo: tofu)	regular 8.5 / large 13
Homemade condensed milk ice-cream (gf, v)	2.7 per scoop

v = vegetarian, ve = vegan, veo = vegan option available, gf = gluten free

We work closely with our suppliers, meat comes from our award winning neighbours Flock & Herd, Gourmet Supplies and Lake District Farmers, fish from Bethnal Green Fish & seasonal and Asian produce from Natoora and Kim Guan Choong. Thai herbs are sourced by Thai Tana.

Please inform one of our team of any specific allergy or dietary requirement. Allergens may be present in all our dishes. For this reason we do not recommend eating at The Begging Bowl if you have a severe allergy. Fish and meat dishes may contain small bones. Game may contain shot.

A 12.5% discretionary service charge will be added to your bill, 100% of cash and card tips go to our team.