STARTERS

PEA & MINT SOUP (V) 5.50

A vibrant pea & mint soup, served with warm ciabatta and butter 428kcal Available as a vegan option (VE) 370kcal

SALT & PEPPER SQUID † 6.50

Salt & pepper seasoned crispy squid served with a Korean BBQ sauce 381kcal

6 CHICKEN WINGS 7.75

Succulent chicken wings 1006kcal tossed in your choice of sauce: Korean BBQ 102kcal, peri-peri 26kcal, East Coast IPA BBQ 77kcal

SHARERS

CHICKEN SHARER 15.95

BBQ & peri-peri wings, freshly breaded chicken goujons with Korean BBQ sauce, bowl of loaded nachos and sour cream dip 2567kcal, serves 2

LOADED NACHOS (V) 11.50

Home fried nachos topped with nacho cheese sauce & 1833 Barber's Vintage Cheddar, guacamole, sour cream, pickled red onions and sliced red chillies 1177kcal, serves 2

SUNDAY ROASTS

Available from 12-6pm

Our Sunday roasts are served with crisp, fluffy roast potatoes, Yorkshire pudding, charred Hispi cabbage wedge, roasted carrots, cauliflower cheese and a rich gravy.

28-DAY-AGED SIRLOIN OF BEEF 1460kcal 16.75

ROASTED HALF CHICKEN 1473kcal 16.75

ROASTED PORK BELLY 1845kcal 17.95 **NUT ROAST WELLINGTON**

(V)(N) 1032kcal 15.75

ADD ON SOME EXTRA DUCK FAT ROAST POTATOES 858kcal (VEGETARIAN OPTION AVAILABLE (V) 322kcal) OR MASHED POTATO 347kcal 1.50 PIGS IN BLANKETS 219kcal 1.00 • YORKSHIRE PUDDING 106kcal 50P • CAULIFLOWER CHEESE 181kcal 1.50

CLASSICS

STEAK & ALE PIE 16.25

Steak & Ruddles Ale pie served with a charred Hispi cabbage wedge, Merlot beef dripping gravy 1142kcal and your choice of buttered mash 347kcal or triple-cooked chips 501kcal

FISH & CHIPS + 17.95

Hand-battered Atlantic cod with crushed peas, chunky tartare sauce, triple-cooked chips and charred lemon 1923kcal

PULLED MUSHROOM CHILLI (VE) 14.95

Pulled smoky mushroom chilli served with parsley basmati rice, guacamole and pickled red onion 780kcal

INVISIBLE MAC(MILLAN) & CHEESE 1.00

You'll not receive a dish of any sort, but you can enjoy making a £1 donation to Macmillan Cancer Support

BURGERS

VINTAGE CHEDDAR & BACON BURGER 15.45

Glazed linseed bun, aged beef burger, Beechwood smoked bacon and a melting slice of 1833 Barber's Vintage Cheddar. Served with house seasoned fries and East Coast IPA BBQ relish 1324kcal

BEYOND MEAT® BURGER (VE) 14.75

Glazed linseed bun, Beyond Meat® burger, melting vegan slice and BBQ roasted red onions. Served with house seasoned fries and a peri-peri mayo dip 1257kcal

KOREAN CHICKEN BURGER 15.95

Glazed linseed bun, crispy chicken fillet, Korean BBQ sauce, spring onion and red chilli. Served with house seasoned fries and East Coast IPA BBQ relish 1175kcal

SIDES TRIPLE-COOKED CHIPS (V) 744kcal 3.25 HOUSE SEASONED FRIES (V) 537kcal 3.25 ONION RINGS (V) 469kcal 3.25

GARLIC BREAD (V) 627kcal 3.50 MAC & CHEESE (V) 304kcal 3.50 DRESSED GARDEN SALAD (V) 134kcal 2.50 SEASONED HISPI CABBAGE WEDGE (V) 173kcal 2.50

DESSERTS

CHOCOLATE CARAMEL TORTE (V) 6.25

A luscious chocolate & salted caramel torte served with Jersey clotted cream ice cream 536kcal

PEAR FRANGIPANE WITH PISTACHIO (V) (N) 6.25

Encased in a flaky pastry, served with fresh double cream 576kcal Available as a vegan option (VE) (N) 464kcal

STICKY TOFFEE **PUDDING (V) 6.25**

Indulgent and rich classic 480kcal served with Jersey clotted cream ice cream 126kcal or custard 104kcal

ADULTS NEED AROUND 2000 KCAL A DAY

See reverse for our GK app (info on menus, allergens, order and pay).

SUNDAY MENU

PROSPECT OF WHITBY

Prospect of Whitby, built in 1520, is London's oldest riverside tavern.

All sorts of people from sailors, smugglers & cut throats to British movie stars & politicians have tread over our original 500-year-old stone floor.





