

mains

ALL STAR BEER BATTERED HADDOCK & CHIPS 18 fat chips, minted crushed peas, tartare sauce, charred lemon

LEMON & HERB CHICKEN SKEWERS 16 lemon & herb chicken thigh skewers, tzatziki, mixed leaves, on toasted flatbread

THE GREENHOUSE FLATBREAD VE 16 cucumber, tomato & crispy chickpea salad, burrata, spring onion, fresh herbs, tzatziki, on toasted flatbread

LIVELYHOOD FRIED CHICKEN SUPPER 17 crispy chicken thigh strips, house summer slaw, corn ribs & fries

choose your sauce; house buffalo sauce, korean bbq, house hot honey, jerk, garlic & parmesan

salads

CAESAR SALAD 14

baby gem lettuce, anchovies, streaky bacon, soft boiled hen's egg, croutons, caesar dressing

HOUSE SUPER GREEN SALAD VG 14 purple sprouting broccoli, baby spinach, avocado, baby gem lettuce, shallot, cider vinegar dressing

SUNSHINE BOWL VG 14 quinoa, avocado, charred corn, carrot ribbons, crispy chickpeas & pickled red cabbage

add chicken +4 add burrata +4

burgers

LIVELYHOOD CHUCK & RIB BURGER 17 chuck & rib beef burger, gem lettuce, house made burger sauce, crispy onion, gherkin, fries

JFC BUFFALO CHICKEN BURGER 17 \bigvee house recipe crispy chicken thigh, red cabbage & lime slaw, house ranch, fries

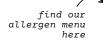
VEGAN HOUSE BURGER VG 17 mountain burger, gem lettuce, crispy onions, sriracha mayo, fries

SUNSHINE JERK CHICKEN BURGER 19
grilled jerk chicken thigh, house summer of slaw, plantain crisps, house summer salsa gem lettuce, jerk mayo, sweet potato fries

JERK JACKFRUIT VEGGIE BURGER VE 19 bbq jerk shredded jackfruit, house summer slaw, plantain crisps, house summer salsa gem lettuce, jerk mayo, sweet potato fries

created by Manager Paul from The Bull

add cheese +1 add vegan cheese +1 add streaky bacon +2 add fried egg +2 add halloumi +2 add jalapeños +1





Don't miss out on our standout Sunday Roasts!

to share

BEEF BRISKET LOADED NACHOS 16

slow cooked beef brisket, corn chips, melted cheddar cheese, tomato salsa, sour cream, guacamole, jalapeños & chopped coriander

HOUSE MADE THREE BEAN CHILLI VEGGIE LOADED NACHOS $\ensuremath{\mathsf{VE}}$ 13

house made three bean chill, corn chips, melted cheddar cheese, tomato salsa, sour cream, guacamole, jalapeños & chopped coriander

SUNSHINE JERK CHICKEN LOADED FRIES 13 sweet potato fries topped with cheddar cheese, grilled jerk chicken, house jerk mayo or make yours veggie with bbq jerk jackfruit

small plates

3 plates for 23

CRISPY SQUID 9 sriracha mayo

LIVELYHOOD FRIED CHICKEN STRIPS 9 choose your sauce; house buffalo, korean bbq, house hot honey, jerk, garlic & parmesan

PORK BELLY BITES GF 9 granny smith apple sauce

MAC & CHEESE VE 7.5 with rich cheddar & a crispy golden topping

RED PEPPER HUMMUS VG 7 spiced crispy chickpeas, sourdough

HALLOUMI FRIES VE 9 sweet chilli dipping sauce

DIRTY FRIES VE 11 buffalo sauce, cheddar cheese, crispy onion, spring onion

CORN RIBS VG 7 crispy paprika corn ribs, dill

snacks & sides

FRIES VG GF 5

CHUNKY CHIPS VG GF 6

PARMESAN TRUFFLE FRIES VE GF 7

HOUSE SIDE SALAD VG GF 5

EXTRA DIPS 2

buffalo, blue Cheese, sriracha mayo or house ranch

puddings

SUMMER ETON MESS GF VE 8 mixed summer fruits, chantilly cream & meringue

CHOCOLATE BROWNIE VE GF 7.5 chocolate soil, Jefferson's double vanilla ice cream

JEFFERSONS ICE CREAM GF 6.5 locally sourced from balham, london 2 scoops - chocolate, salted caramel, strawberry, vanilla

we add an optional service charge to your bill, which goes straight to our wonderful team. please let us know if you have any dietary requirements & we are more than happy to accommodate.

VE = vegetarian VG = vegan $\stackrel{\wedge}{\cong}$ = most loved GF = gluten free $\stackrel{\vee}{\otimes}$ = donation to bigkid foundation

(A) = this paper is made from post consumer waste