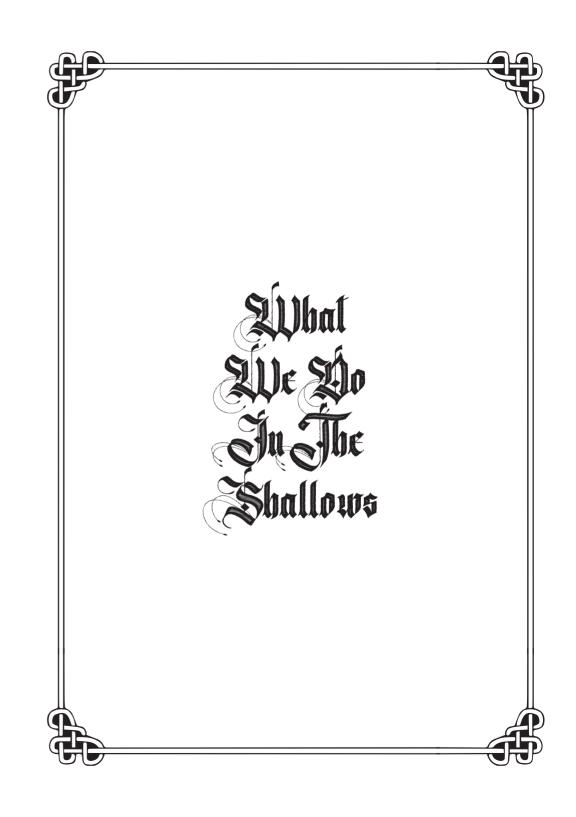




Albal Alle Alo AuThe Shallows













Storyteller is *storiwr* in Welsh.

The even older word is *cyfarwydd*.

We also have the word for myths which is *chwedlau*.

With our third instalment into our Welsh Storyteller cocktail menus, we are concentrating solely on the stories of the water and coastlines.

The interesting characters of myth & reality that have dotted our beautiful seasides. Historical events that cannot be erased & should be remembered. And modern tales from television & the big screen.

Half of these tales are solid facts, but the magic of Wales is its age & beauty, so you will find that the other half of our selection are simply forgotten tales & questionable folklore.

If you do not fancy indulging yourself with a story to choose a cocktail, please see the contents page towards the front of the menu, where you will find the cocktails in this menuas a list with prices & ingredients.

As per usual, these menus can be purchased, so please do not hesitate to ask your server!









	Hag of The Mist – Gwrach y Rgibyn Grey Goose, Martini Rerserva, Pomegranate, Prickly Pear Apple & Watermelon Soda, Lemon	£11		The Skomer Puffins Green Spot, Plum Umeshu, Apricot, PX Sherry	£13
	Grassí the Swan Maíden – Y Ferch Alarch Bombay Premier Cru, Telmont Brut NV, Geranium Syrup, Lemon & Ginger Tea, Citrus	£13	88	The Silver Wood – Coed Arian Aberfeldy 12, Oak Moss, Black Walnut, Sapín	£12
	FishGuard Iced Tea Remy Martín VSOP, Belle de Brillet Pear, Armagnac, Calvados, Yellow Chartreuse, Sparkling Normandy Apple Wine	£13		Pendine Sands - An Ode to Babs Calvados, Aquavit, Yellow Chartruse, Lemon, Sand	£11
	The Mermaids of Cardigan Bay Tapatío Blanco, Noily Prat, Yuzu Líqueur, Grapefruít, Agave, Rose Lemonade	£14		St David, The Patron Saint of Wales Mermaid Pink Gin, Lillet Rose, Green Strawberry Bitters	£12
	Rhossili Sunflowers Banks 5 Rum, Leblon Cachaca, Suze, Pineapple, Blod un Ayr	£12		Freshwater West - The Free Elf The Botonist, Bols Aged Genever, Campari, Rubis Chocolate Wine	£11
	The HMS L52 - Monster from the Deep Grey Goose, Tempus Menth, Menth Blanco, Ment Verte, Blue Guracao	£12		Fish & Chip Martini No. 3 London Dry Gin, Aalborg Dild, Cider Vinegar	£13
	Walter and the Wreckers Mount Gay Black Barrel, Çalvados, Hazelnut Líqueur, Çinnamon Syrup Apple Juice, Wheat Beer, Lime	£13		Pint of Wine Lyres London Dry, Elderflower, Raspberry, Lemon, Apple	£8
	In the Belly of the Shark Rum, St Germaine Elderflower, Yellow Chartreuse, Passionfruit, Peychards, Angostura, Saline, Lime, Prosecco	£13		Dylan Thomas Lyers Coffee, Lyers American Malt Vanilla, Solo Cold Brew	£8
8	The Devil Whale of Atlantis Bruichladdich Classic Laddie, Creme de Banane, Frozen Yogurt Bristol Vanilla Syrup, Oat Milk	£14		Siani Chickens Lyers Mexican Spirit, Hibiscus, Foamer, NoSecco, Mini Oggs	£8
$\overline{\mathfrak{M}}$	Barafundle Bay Angels Envy, Creme de Cacao, Lemon, Aníse, Orange Blossom, Raspberry Soda	£12		Dunraven – Bad Wolf Bay Lyers Cane Spírit, Lyers Orange, Passionfruit Purce, Orgeat, Falernum	£8



Hag of The Mist Gwrach y Rgibyn

£11

- + Grey Goose
- + Martini Rubino
- + Pomegranate
- + Prickly Pear
- + Apple & Watermelon Soda
- + Lemon





The Hag is a supernatural being associated with water, she can be found lurking in the sea mist & fog along the coast. She is mostly seldom, barely ever seen. It's believed that her shriek foretold misfortune, normally death, to the hearer.

The shriek supposedly sounds like the persons name to the hearer, & you should follow it to your death.

If a passerby, normally a sailor, has decided to ignore the Hag's shriek, she will typically morph herself into a beautiful woman.

Her shriek will become a beautiful song, tricking the listener into drowning.





Grassi the Swan Maiden Y Ferch Alarch

£13

- + Bombay Premier Gru
- → Telmont Brut NV
- + Geranium Syrup
- + Lemon & Ginger Tea
- + Citrus





Many centuries ago, Grassi was the Keeper of the well at Glasfryn. It was a boring job & one day Grassi fell asleep & unfortunately started to drown. The well however rewarded her for all her hard work by turning her into a swan before her death. She could only become human again while in water. As a swan, Grassi would land on the rocks on the coast of Gower, removing her white wings & feathers as she made her way into the waves. As she threw her beak to the side, a beautiful woman emerged as she swam in the salty sea.

A passing young man became enchanted with her, & wanted to keep her as his own. He would go back every night to watch her swim. One day he stole her feathers, wings & beak, running off back to his cottage. The swan girl naively followed, not knowing the cruelties of man. He told her he was in love & was going to keep her, for years she remained in a salt filled bathtub. Until one night, her capture drank too much wine & forgot to lock the bathroom door. She managed to escape, stealing back her wings. The man awoke & eventually died of a broken heart, he could never find anything as beautiful as her again.





Fishguard Iced Tea

£13

- + Remy Martin VSOP
- + Belle de Brillet Pear
- + Armagnac
- → Calvados
- → Yellow Chartreuse
- Sparkling Normandy Apple Wine

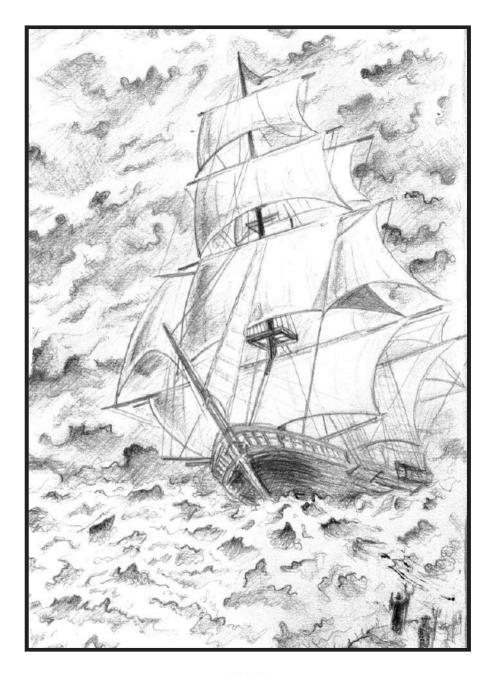




On February 22nd 1797, the French Government had sent a marauding force of 800 mercenaries & 600 French Troops called the Black Legion to capture Bristol, the fleet of four ships knew Bristol would be heavily guarded so they found themselves approaching Fishguard Harbour, a target they assumed would be an easier landing The Fishguard & Newport Volunteer infantry had been called in as the first defence against the invaders, they were a ramshackle group of a couple of local men, with no real military experience.

Adding to the defences of Fishguard a local woman, the 6 foot tall Jemima Fawr, saw the soldiers rowing toward the shore. She wrangled up 400 local women, wearing red welsh women petticoats, with pitchforks, & joined the defence. The town only had 3 canons to use, & set them all of at once. Between the 'redcoat soldiers' & loud cannon noises, the French soldiers assumed they were outnumbered by an inexhaustible army, & retreated.

This was the last time Wales has ever been invaded.





The Mermaids of Cardigan Bay

£14

- + Tapatío Blanco
- + Noily Prat
- + Yuzu Liqueur
- + Grapefruit
- + Agave
- + Rose Lemonade





Before our coast was dotted with lights & boats, mermaids would sit along our cliffsides, combing their entangled hair with crab claws & abandoned forks. Morferch & her sisters have been there for centuries, normally mistaken for dolphins or seals. But have you ever wondered how they got there?

Three brothers used to live up on Cardigan bay, farming the land & tending the animals. The youngest brother, however, contributed nothing, & just played with his pig all day. This infuriated the older brothers, demanding he get rid of it. They eventually traded the pig to an old travelling woman, who happily gave up a handmill for it. The older brothers intended for their youngest to mill corn & wheat.

Nonetheless, the handmill happened to be magical, & the younger brother used it to grind his own house, his own farm & hundreds of wives. But he slipped up, by asking for fish for his dinner at the same time as his wives, creating the first mermaids. The youngest brother was very kind to his mermaid brides, which resulted in them protecting Cardigan Bay against plague/invasion & high tides, even centuries after his death.





Rhossili Sunflowers

£12

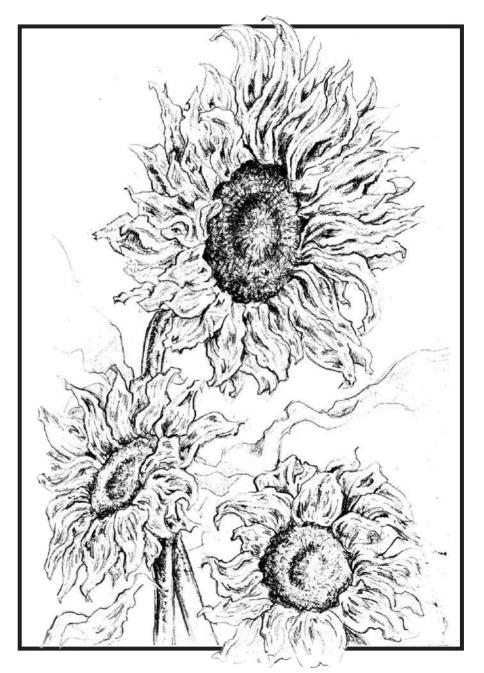
- + Banks 5 Rum
- + Leblon Cachaca
- + Suze
- + Pineapple
- → Blod un Ayr





Every summer, the Rhossili Sunflowers blossom, & the cliffs of the bay are a site to behold. Sunshine yellow & taller than most people, the farmers take great care to beautify their attraction to attract families & instagram girlies alike.

The beach at Rhossili, is a multi award winning beach, & is located in the western part of the Gower Peninsula. The village and surrounding area are steeped in history. The prominent wreck of the Helvetia, which ran aground on Rhossili Bay in November 1887 bears witness to the challenging weather conditions and the tales of our ancestors, who lured boats ashore to plunder their hold. Along the 3 mile of beaches, you can also seek out the Gowers most famous landmark, The Wormhead', as well as several Iron Age forts.





The HMS L52 Monster from the Deep

£12

- + Grey Goose
- + Tempus Menth
- + Menth Blanco
- → Ment Verte
- + Blue Curacao



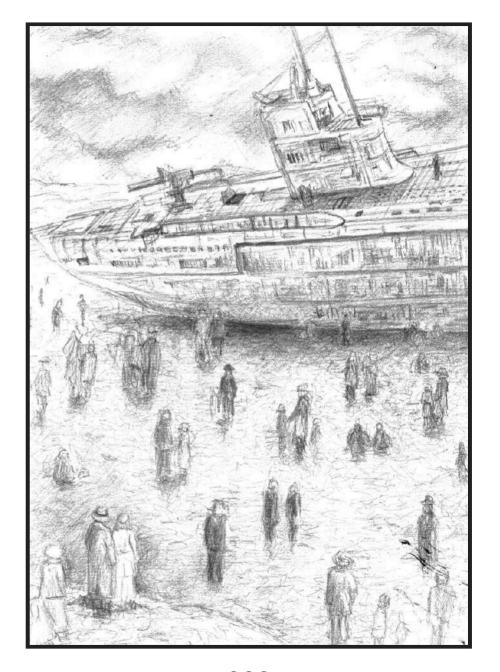


One of Wales' coastlines more forgotten about stories, is the time a derelict Submarine (the HMS L_{52}) washed up on the coastlines of Barry in 1935.

Back when Barry was a bustling seaside destination, the most unusual thing happened for the last holiday makers trying to catch the last of the summer weather in early September. The submarine, which was carrying four deck guns & six torpedos, had come loose while being transported along the Bristol Channel, & was drifting it's way too Barry. The irregular strong winds along the Bristol Channel made quick work of the transporting the submarine.

Originally built for the Royal Navy for World War One, and was a problematic vessel from the start. She took several years to complete, due to constant gas failings & faulty engine parts. On some of her first missions, gas leaks caused the crew to have to adorn their gas masks & surface several times.

After L_{52} had separated from her tow ship, she spent three days floating the channel before she washed up at Barry. Many people saw this dark shape on her travels in the rough waters, & assumed she was some sort of prehistoric monster.





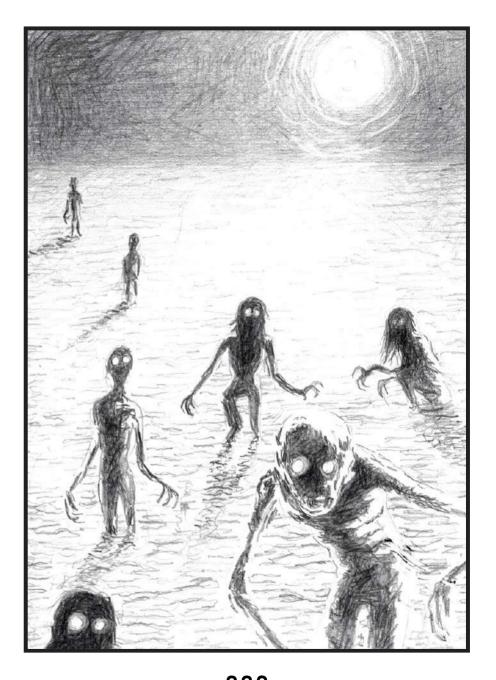
- → Mount Gay Black Barrel
- + Calvados
- + Hazelnut Liquor
- + Ginnamon Syrup
- + Apple Juice
- + Wheat Beer
- + Lime





Dunraven Castle used to stand on the Glamorgan coast, not far from Bridgend on the Heritage Coast by Southerndown beach. It is here that the story of the wreckers of Dunraven takes place. The Lord of the Manor; Walter Vaughan, had written to the Government several times about his thoughts on sea safety around the area. But he then saw his life fall apart when two of his children and his wife died prematurely. He turned to drink and gambling and squandered his fortune away. Then, when at his lowest point he turned for help to a henchman, a local pirate, smuggler and wrecker called Matt of the Iron-Hand, the pair of them used Walter's knowledge of the dangerous coast to their advantage.

Together, they terrorised sea farers in the Bristol Channel in the sixteenth century. They would tie lanterns to the sheep grazing on the cliff tops to mimic the lights of Newton, to lure ships onto the jagged teeth of Tuskar Rock. It kept the scavenging, coastal—living folk of the Vale of Glamorgan in a plentiful supply of plunder, washed up on their beaches from the wreckage of numerous merchant ships. Noone would survive these crashes, & any sailors that managed to drag themselves ashore, had their throat slit on site. They did actually share their plunder with the local town, especially the exotic wares such as sugae, spices, rum, ginger & coffee. This helped propel the town into slight riches





In the Belly of the Shark

£13

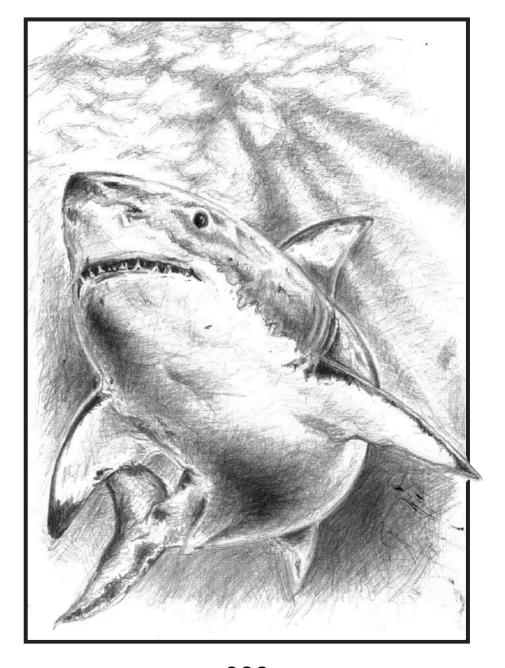
- + Rum
- + St Germaine Elderflower
- + Yellow Chartreuse
- + Passionfruit
- + Peychards
- + Angostura
- + Saline
- + Lime
- + Prosecco





Wales is full of surprises, & one of those is the amount of marine life that migrates passed us. The waters off north Wales in the Celtic sea are some of the richest in the world with marine life. Sharks, compose a great deal of those species and travel for thousands of miles travel here each season to visit our coastline to feed and lay their young. The varieties of species of shark that visit north Wales waters is staggering, from Basking sharks, to Smooth hounds, to Mako sharks we have it all here. They come all the way from deep waters in the Atlantic to feed on crab and fish here, which are plentiful. The migratory cycles of these species are fascinating, and the huge distances they travel each year, returning to the same spots to pup season after season, is simply amazing.

Alot of these sharks have been tagged, & we can keep track of the sharks that come each year, with local fishman even giving them names & feeding them.





The Devil Whale of Atlantis Cantre'r Gwaelod

£14

- → Bruichladdich Classic Laddie
- + Creme de Banane
- + Frozen Yogurt
- + Bristol Vanilla Syrup
- + Oat Milk





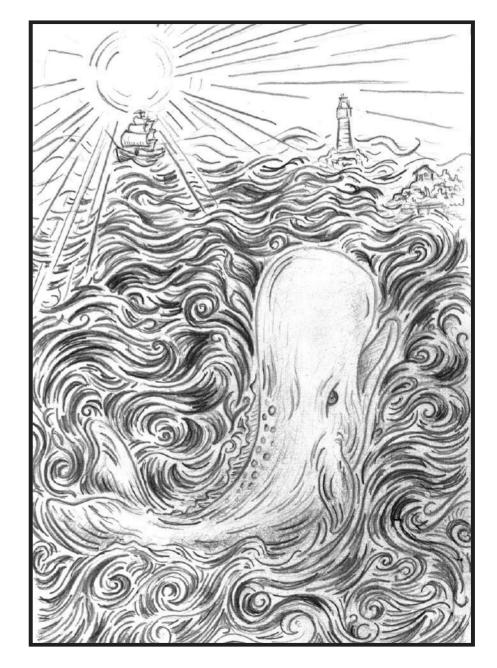
In every culture across the globe, the ancient flood myth prevails – a story of a lost civilization that was advanced and hailed across the globe, sunk deep into the ocean by their own corruption. It's as much a symbolic moral tale as it is an archaeological one. However, Cantre'r Gwaelod, the Welsh Atlantis, thought to be off the shores of Cardigan Bay, has a rather different origin story.

Thought to have been lost around 700 AD, the Lowland City (English translation of Cantre'r Gwaelod), was lost one stormy night, noone can quite decide whom to blame, but many blame the Maiden Mererid, whom apparently was flirtatious with the passing Viking ships. Until she was on watch, no one had stepped foot upon the ancient shores of the Welsh Atlantis that was not born there. The Viking men were struck by lightning & rough tides, so decided to try & make port on the maidens Island, the only land they knew to be nearby.

However, this triggered an ancient defence, similar to the Leviathan in Plato's Atlantis tale, the island was guarded, by a prehistoric whale like creature

The 'Devil Whale' is of enormous size and could swallow entire ships. It also resembles an island when it's sleeping, and sat for centuries next to Atlantis, simply looking like a peninsula. But when any sailors start to get too close, the Devil Whale awakes and attacks the ship, dragging it to the bottom of the sea.

When the Whale sensed the men trying to board the Island, he awoke in an anger, & tried to swallow their ships whole, but, unfortunately due to the storm & waves, he became confused, & not only swallowed their ships, but sunk the island he was supposed to be protecting.





Barafundle Bay

£,12

- + Angels Envy
- + Greme de Cacao
- + Lemon
- + Anise
- + Orange Blossom
- + Raspberry Soda



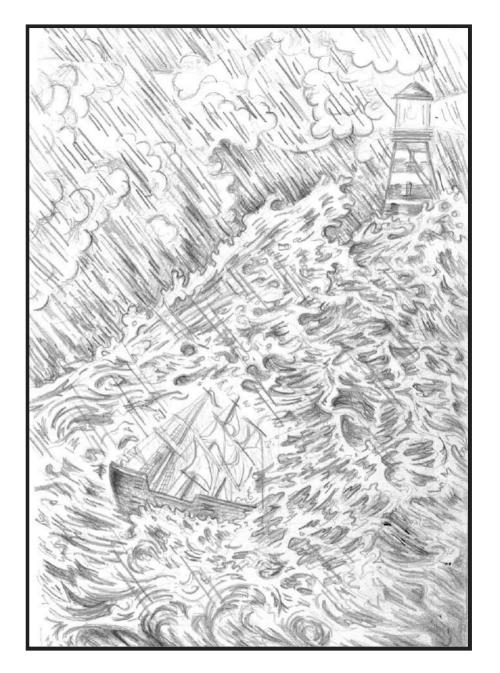


This is one of Pembrokeshire's most beautiful beaches, often described as the "Jewel in the Crown". The beach is east facing and sheltered and in a stunning rural and unspoilt location.

Owned by the National Trust, the beach forms part of the South Pembrokeshire Heritage Coast and the Pembrokeshire Coast National Park Barafundle Bay has been named as one of the UK's most photogenic picnic spots in a new poll.

The beach boasts beautiful scenery and some consider it one of the best in the UK, & polls every year in the top 20 most beautiful beaches (sometimes being mistaken for a Greek covel) The beach has no road access, which keeps its beauty so preserved. So if you're after some super insta—worthy snaps, head down to Barafundle.

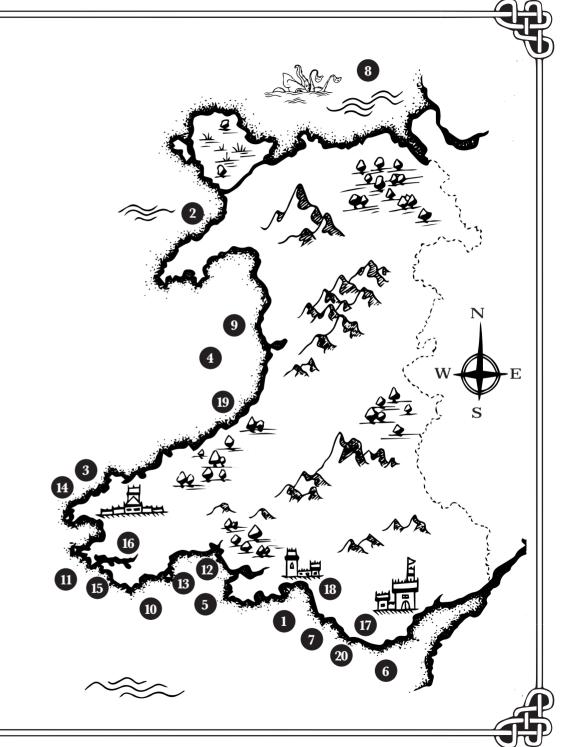
It is also where the owners of this bar got engaged, that's a cute little fact, isn't it.







- 1 Hag of The Mist Gwrach y Rgibyn
- 2 Grassi the Swan Maiden Y Ferch Alarch
- 3 FishGuard Iced Tea
- 4 The Mermaids of Cardigan Bay
- 5 Rhossili Sunflowers
- 6 The HMS L_{52} Monster from the Deep
- 7 Walter and the Wreckers
- 8 In the Belly of the Shark
- 9 The Devil Whale of Atlantis
- 10 Barafundle Bay
- 11 The Skomer Puffins
- 12 The Silver Wood Goed Arian
- 13 Pendine Sands An Ode to Babs
- 14 St David, The Patron Saint of Wales
- 15 Freshwater West The Free Elf
- 16 Fish & Chip Martini
- 17 Pint of Wine
- 18 Dylan Thomas
- 19 Siani Chickens
- 20 Dunraven Bad Wolf Bay



- + Green Spot
- + Plum Umeshu
- + Apricot
- + DX Sherry



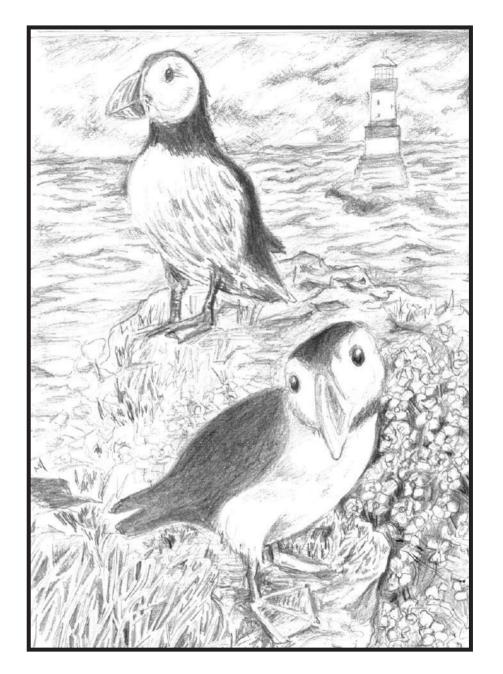


Ah the Puffin, one of the more forgotten about sea birds. But, who would have thought that you can see some, right here, in Wales?! If you're up for a little boat trip, then get yourself over to Skomer Island (West Wales, in the Irish Sea), where you can not only mingle with Puffins, but also razorbills & guillemots! The birds run the roost on the island, and all have different personalities according to locals. If you visit around mid–July, you should catch the puffins with their young; & if you are lucky enough, you might also see some seal pups.

Very excitingly, a record number of Puffins was recorded on the island in summer of 2023, coming in at 42513.

The Puffins begin to arrive on Skomer and neighbouring island Skokholm from March to April. They start by building nests but still spend much of their time out at sea. Puffins are loyal to one another, each year mating with the same bird and producing one chick.

Both parents incubate their egg for between 36 and 45 days, and then the island becomes even busier.





The Silver Wood Goed Arian

£12

- + Aberfeldy 12
- + Oak Moss
- → Black Walnut
- + Sapin

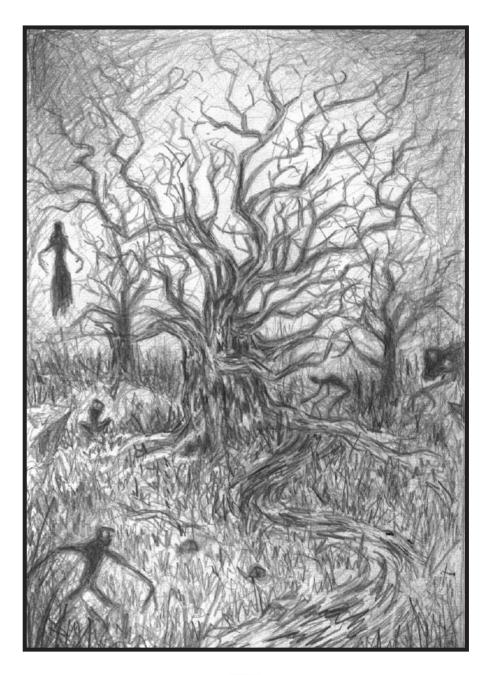




In the mouth of the Gower, it is believed that the shores of Swansea Bay were about 5 miles further out than present. Fishermen on the Bay, will point out to you the Green Grounds, which are believed to be medieval homes wiped out by a horrific storm over three centuries ago.

The old stories sometimes talk of an extensive forest called Goed Arian, Silver Wood, & stretching from the foreshore of the Mumbles to Kenfig Burrows, and there is a tradition of a long lost bridle path used by many merchants, huntsmen & Kings. This fable is often backed up by the constant antlers, elks horns, boar husks & other forest remains becoming caught in fisherman's nets frequently. The Silver Wood appears to have been a haven for beautiful animals, & could be the original home of the deer you can visit at Margam Park.

Some old stories also tell of faeries & pixies who lived among the trees, which could be where the name sake of Silver came from.





- + Calvados
- → Aquavit
- → Yellow Chartruse
- + Lemon
- + Sand



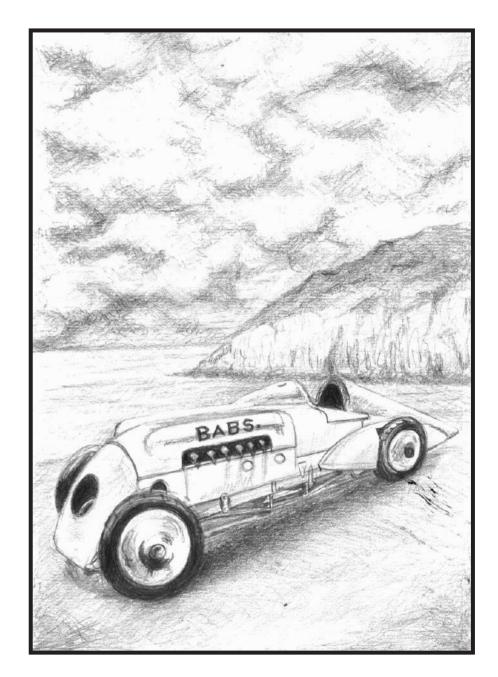


Pendine Beach has a whopping 7 miles of glorious golden sand. Pendine Sands, as it is known, is located in Carmarthan, & has for generations attracted holidaymakers with a unique selling point of still being able to drive a car on the beach and as being a mecca for world breaking speed attempts (cars to motorbike to sheds!)

One such adventurer, J.G Parry-Thomas, visited for this reason specifically, and to be honest was a bloody lad! Parry Thomas was a Welsh Engineer and land driver in the late 1800s. He was born in Wrexham in 1884, & sadly holds the title of being the first driver to die in pursuit of the land speed record (1927).

He took the land speed record off Campbell and Blue Bird in 1926, with a speed of 171mph. He held the record for a year, but lost it to Campbell in 1927, then died trying to beat it again.

The vehicle he did all this in was called Babs, he bought her off a British racing driver, who was famed for creating a line of racing cars called Chitty-Bang-Bangs, which inspired Flemings book. Parry-Thomas customised Babs, which lead to her record breaking abilities. For part of every summer, Babs remains on display at the Pendine Museum of Speed, if you would like to go and see her for yourself.





- Mermaid Pink Gin
- + Lillet Rose
- → Green Strawberry Bitters

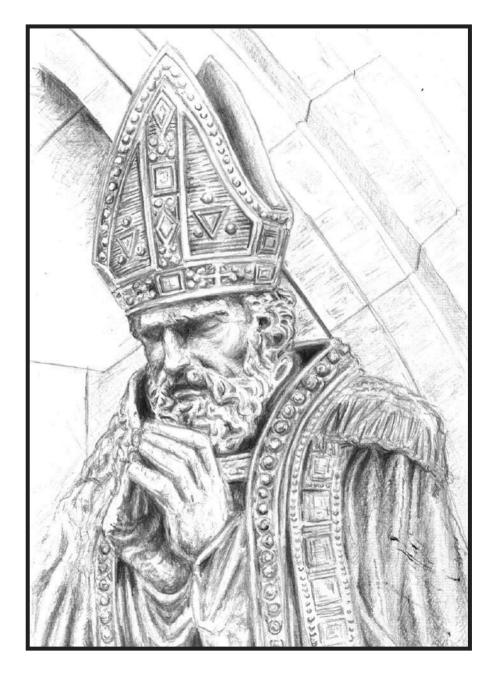




St David was born in the year 500, the grandson of Geredig ap Gunedda, King of Geredigion. According to myth, his mother gave birth to him on a Pembrokeshire clifftop during a fierce storm. The spot is marked by the ruins of Non's Chapel, and a nearby holy well is said to have healing powers, how mystical.

St David became a renowned preacher, founding monastic settlements and churches in Wales, Brittany and southwest England – including, possibly, the abbey at Glastonbury. St David reputedly made a pilgrimage to Jerusalem, from which he brought back a stone that now sits in an altar at St Davids Cathedral, built on the site of his original monastery.

St David's Cathedral was built on the site of a much older religious building. The Cathedral is situated in the city of St David (named after the Saint) & is Britain's smallest city. The Cathedral is constructed from dusky purple sandstone, it's one of Wales' most iconic religious sites and sits tucked away in a sheltered vale beside the River Alun. Wales celebrates St. David's Day, March 1st, his birthday.





Freshwater West The Free Elf

£11

- ♦ The Botonist
- + Bols Aged Genever
- + Campari
- + Rubis Chocolate Wine



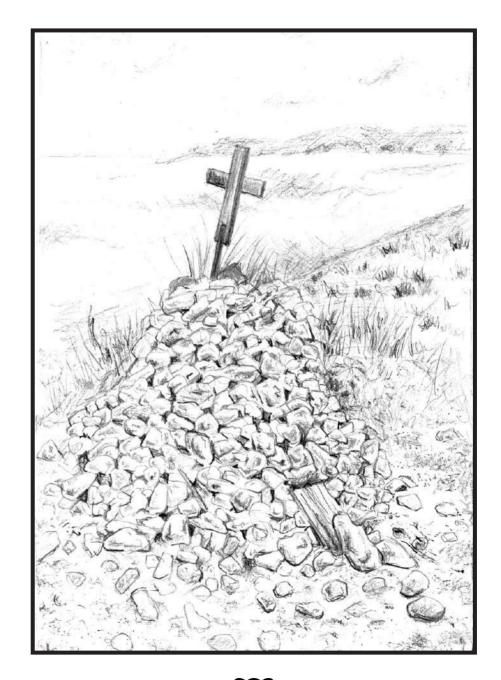


"Here lies Dobby, a Free Elf"

Freshwater West Beach is a popular destination for experienced surfers. Freshwater West is a wide sand and rock beach backed by cliffs, sand dunes and a promenade.

Located north-west of Castlemartín, this beach is wide, sandy and backed by an extensive system of dunes which are fragile so no camping or barbecues are allowed. There's a rocky reef at the southern end and some quiet bays at the other. Freshwater West beach is the hunting ground of the surfer always on the lookout for that perfect wave — a surfer's paradise. This south-westerly facing beach has the best waves in the county BUT it's only for the experienced and strong swimming surfer as strong rip currents occur off this beach.

It is also the filming location for 'Harry Potter & the Deathly Hallows', the final resting place for Dobby the Elf, who died bravely protecting the protagonists. A tribute to Dobby's grave has been built at the Beach, & can be found tucked away in the sand dunes. There is also access to the area in which 'Shell Cottage' was built for the films.





- + No. 3 London Dry Gín
- + Aalborg Dild
- + Gider Vinegar

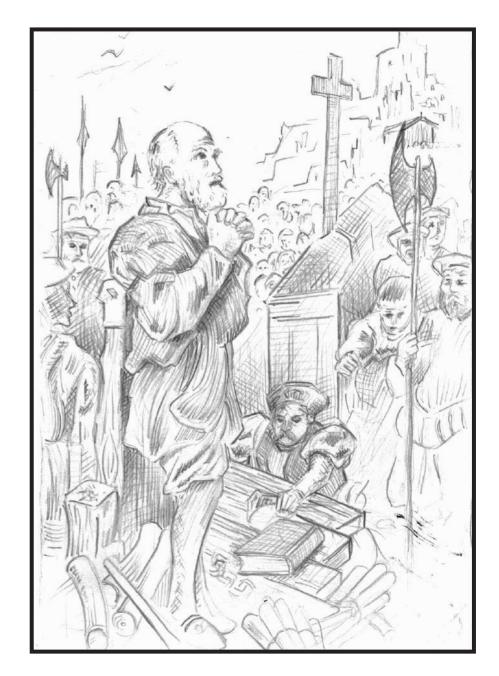




Rawlins White was a simple fisherman who had little reading & most likely only spoke Welsh, yet he was an extremely dedicated Protestant & with the aid of his sons, read scripture every night to his kinsman with great passion, doing the Lords work by passing on his memorized Bible scripture & stories from passing Protestant Priests.

The Anglican Church saw an abandonment of the Pope in Rome, a break from Catholicism, which many Britain's got fully behind. This was all well & good, until Mary Tudor came to the throne in 1553, a devote Catholic, making the country do a full 180 with their religious views

Rawlins refused to stop his teachings, which unfortunately led to him being burnt alive at the (now House of Fraser site) Bethany Church in the centre of town, he was a sort of 'sacrificial lamb' to the rebellion against the Catholic Church. He adorned his wedding clothes & tied himself to his stake himself. He was one of two Welsh heretics burnt at the stake during the reign of Bloody Mary Tudor. The two executions mark an awful period in British History, & these two men were but a small number of people who were murdered. A plague on the interior of House of Fraser, honours where Rawlins breathed his last breathe.





Pint of Wine

£8

Non Alcoholic

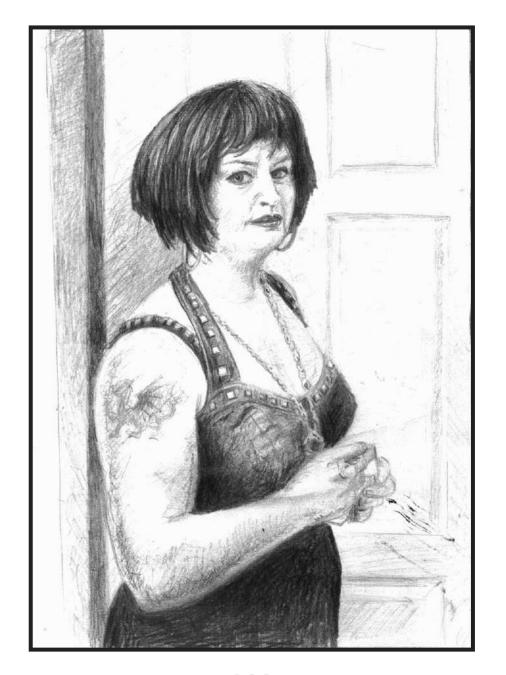
- + Lyres London Dry
- + Elderflower
- + Raspberry
- + Lemon
- → Apple





The infamous Nessa, from Gavin & Stacey, is portrayed by Ruth Jones, a welsh comedian. The three series, spanning from 2007–2019, were shot largely in Cardiff (which acted as parts of Billericay) in Barry and the surrounding area, including Dinas Powys, Sully and Penarth. The show's popularity has been connected to boosting the tourist trade to Barry and its popular seafront of Barry Island, through visitors wishing to visit the various filming locations.

If you have grown up in South Wales, you will be able to remember Barry Island before the show, & it is fair to say that the show can definitely be accredited to returning the little beach town to its former glory. One of the most iconic attractions, being Nessa's games arcade, located right on the seafront.





Dylan Thomas Non Alcoholic

£8

- + Lyers Coffee
- → Lyers American Malt
- + Vanilla
- + Solo Gold Brew



"We lying by seasand, watching yellow And the grave sea, mock who deride Who follow the red rivers, hollow Alcove of words out of cicada shade, For in this yellow grave of sand and sea A calling for colour calls with the wind That's grave and gay as grave and sea Sleeping on either hand. The lunar silences, the silent tide Lapping the still canals, the dry tide-master Ribbed between desert and water storm. Should cure our ills of the water With a one-coloured calm; The heavenly music over the sand Sounds with the grains as they hurry Hiding the golden mountains and mansions Of the grave, gay, seaside land. Bound by a sovereign strip, we lie, Watch yellow, wish for wind to blow away The strata of the shore and drown red rock; But wishes breed not, neither Can we fend off rock arrival, Lie watching yellow until the golden weather Breaks, O my heart's blood, like a heart and hill."





Non Alcoholic

- → Lyers Mexican Spirit
- + Híbíscus
- + Foamer
- + NoSecco
- + Mini Eggs

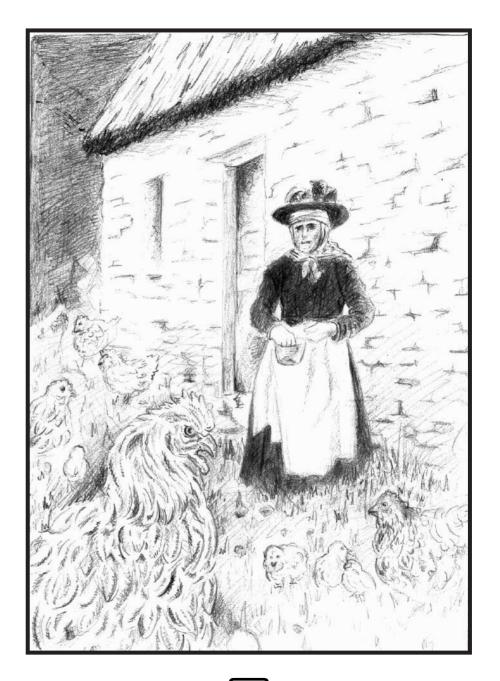




On the little beach at Cei Bach stood a ramshackled cottage, on the porch, could always be seen a woman with clogs on her feet & a red and yellow spotted handkerchief wrapped around her weather face, this was Siani Pob Man, & she earned her living on this beach

She was quite fond of telling holiday makers their fortunes, as well as selling them hand painted postcards of herself hugging her chickens. Yes that's right, Siani was a chicken lady.

Her cottage was overrun with the little birds, one could be found laying eggs in every corner, there was even a cockerel called Jonathan. As well as her holiday making trades, she also sold all the eggs to the locals. Unfortunately the eggs had a strange taste from being so close to the sea, tasting a lot like salt & seaweed. But the locals all loved Siani, so didn't want to upset her. The locals instead, enjoyed boiling the eggs & painting them with 'Y Mor' (the sea) style pictures, decorating the paths & gardens of the village.





Dunraven - Bad Wolf Bay

£,8

Non Alcoholic

- + Lyers Cane Spirit
- + Lyers Orange
- + Passionfruit Puree
- + Orgeat
- + Falernum



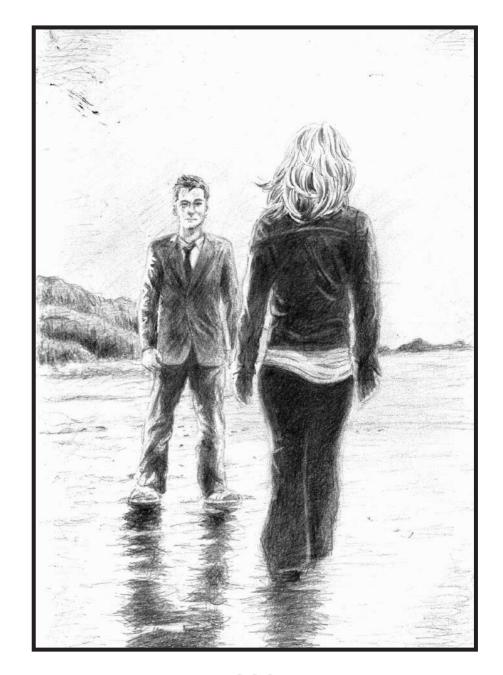


"I'm burning up a sun just to say goodbye"

One of the iconic episodes most of us will remember for the reboot of Doctor Who, will be the emotional goodbye of David Tennant's Doctor & Rose Tyler. The filming of 'Bad Wolf Bay' was actually filmed in Southerndown Beach (also known as Dunraven Bay) in South Wales, & not actually in Bergen Norway, in an alternate universe.

The beach was suited to imitating Norway, due to its extensive fossils & deep rock pools, which are exposed by the harsh waves. The build up to this episode was legendary, with it seeing the return of the Daleks.

People have been living in, and occupying, Dunraven as far back as the iron age, where the cliff top locations were thought to be used as a trading post. Much later, the Romans built a fort here, which was later replaced by a manor house in the 1700s, and lastly a residence known as Dunraven Castle which was later transformed into a convalescence hospital during the two World Wars.







Mines & Mes

Beers

+	Pilsner Urquell	£5/6
+	Generic Lager	£4.50
+	Quírky Cíder	£5
+	Purple Cider	£5
+	Hipster Ale	£5.50
+	Trendy Stout	£5.50

Wines (175ml/250ml/bottle)

+	Quaffable White	£6.5/9/25
+	Pink Wine	£6.5/9/25
+	Friendly Red	£6.5/9/25

Sparkles (125ml/bottle)

+	Telmont Réserve Brut Champagne	£14/80
+	Moët & Chandon Rosé Imperial	£85
+	Dom Perignon Vintage Blanc	£220
+	Prosecco	£,8/30

Enacks

+	Pretzels	£3	+	Olives	£4
+	Wasabi Peas	£3	+	Chorizo	£5
+	Pickles	£3.50	+	Suet Sausage	£5
+	Grunchy Gorn	£4	+	Chocolate Almonds	£5
+	Nut Míx	$\cancel{\pounds}^4$			



