

*If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks.
Full allergen & dietary information is available at the-lostandfound.co.uk. Adults need around 2000 kcal a day*

THE LOST & FOUND

FORK BUFFET

14.95 PER PERSON

Please select TWO items from section A,
TWO from section B and ONE from section C

A

Houmous VE with charred flatbread.

413kcal. 3 dsp of houmous and 3 slices of flatbread

Green Salad V with Gran Moravia cheese and lemon dressing. *196kcal. 1 serving spoon*

Caesar Salad *285kcal. 1 ½ serving spoons*

Triple Cooked Chips VE* *251kcal. 2 serving spoons*

Seasoned Skinny Fries VE* *384kcal. 2 serving spoons*

B

Teriyaki Chicken Skewer cucumber, carrot and spring onion salad. *170kcal. Each*

Bang Bang Cauliflower VE* *311kcal. 2 serving spoons*

Lemon & Gran Moravia Cheese Cod Goujons
313kcal. 2 each and 2tsp tartare sauce

Hand Stretched Garlic Bread with confit garlic butter.
425kcal. 3 slices

Padrón Peppers VE with smoked paprika salt.
62kcal. 11 each

Crispy Fried Halloumi V* with sweet chilli jam.
390kcal. 2 each, 2tsp chilli jam and 2tsp crème fraîche

C

Marinated Sweet Chilli Beef Skewers *224kcal. Each*

Mac & Cheese V *386kcal. 1 serving spoon*

Mini Cheeseburger Sliders with Dijon mayonnaise.
450kcal. Each

Cornflake Chicken with red pepper ketchup and jalapeños. *539kcal. 2 each*

Honey & Mustard Glazed Pork Belly with apple sauce.
304kcal. 2 each and 2tsp apple sauce

ADD Mini Chocolate Brownies V *258kcal. Each 2.00*

PIZZA BUFFET

11.95 PER PERSON

A selection of hand-finished crispy pizzas:

Margherita V marinated Mozzarella, semi dried tomatoes and basil. *191kcal. 1 slice*

Vegan option available *165kcal. 1 slice*

Pollo Peperoncino spicy chilli chicken, Peppadew® peppers, marinated Mozzarella, goat's cheese and red onion. *192kcal. 1 slice*

Caprino V goat's cheese, Peppadew® peppers, red onion marmalade, marinated Mozzarella, basil pesto and rocket. *213kcal. 1 slice*

Served alongside:

Green Salad V with Gran Moravia cheese and lemon dressing. *196kcal. 1 serving spoon*

Seasoned Skinny Fries VE*
384kcal. 2 serving spoons

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns. Full allergen information is available on our web page. (V)/(VE) Suitable for vegetarians and vegans or vegetarian and vegan option available. (V)*/(VE)* We cannot guarantee that our vegetarian and vegan dishes have been cooked in dedicated vegetarian and vegan fryers. Please ask a member of staff for more information. We regret that we cannot guarantee that our fish/chicken/pork/beef dishes do not contain bones. Calorie counts are for guidance only and are based on the complete dish/drink as listed on the menu and are correct at the time of menu print. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu. Live nutrition information is available online.

