

SMALL BITES

KALAMATA OLIVES 250 kcal	5	BEEF SATAY 6
		With sweet soy and lime dressing 330 kcal
FLATBREAD	5.50	HALLOUMI SAGANAKI 6.50
Baba ghanoush and tzatziki 211 kcal		With honey and sesame seeds 623 kcal
CAULIFLOWER FRITTERS	5.50	TANDOORI PRAWNS
With cashew sauce 343 kcal		With chat masala 215 kcal 6.50

STARTERS

PEA AND MINT SOUP *	7.50
With pea shoots 152 kcal	
GRILLED SARDINES *	9.50
Sardines with fermented ketchup and pickled fennel 169 kcal	
VIETNAMESE POACHED CHICKEN SALAD *	11.50
With peanuts, chilli, mint and coriander 310 kcal	
ST AUSTELL BAY MUSSELS *	13.50
With chilli, garlic and lemon 257 kcal	
GRILLED SCALLOPS	1 for 6.50 3 for 19
With pumpkin seeds, chilli and coriander 101 kcal each	
SALT AND PEPPER PRAWNS *	16
With cucumber, spinach and a soy and sesame dressing 487 kcal	

LUNCH SPECIALS

FISH CHILLI BURGER	19.50
With chipotle relish, mayonnaise and thin cut chips 632kcal	
KOREAN CHICKEN BAO BUNS	14
With pickled red onion, coriander and black sesame seeds served with Asian coleslaw 489 kcal	

MAINS

GRILLED MISO AUBERGINE *	16
with rice noodles, spring onions and beansprouts 489 kcal	
BEETROOT CURRY *	16
An aromatic Sri Lankan curry with basmati rice, crispy onions and fresh coriander 436 kcal	
HANOI CHICKEN BROTH *	18
with pak choi, mint, coriander, and vermicelli noodles 402 kcal	
PONDICHERRY FISH CURRY *	23
A fragrant southern Indian curry with basmati rice and a poppadom 950 kcal	
PAN FRIED HAKE FILLET	26
With spring onion mash and soy butter 380 kcal	
8OZ RUMP STEAK *	29
With roasted red pepper and smoked paprika chimichurri and thin cut chips 702 kcal	

3 COURSES FOR £34 Choose any dish marked with *

£3 supplement for salt and pepper prawns. £6 supplement for 8oz rump steak.

SIDES

POPPADOMS 130 kcal	2	BUTTERNUT SQUASH 6
ASIAN COLESLAW 37 kcal	4	In sweet tamarind masala 428 kcal
THIN CUT CHIPS 479 kcal	5.50	CHILLI SPICED CABBAGE 6
CHAT MASALA CHIPS 482 kcal	5.50	With coconut, mustard seeds and curry leaves 132 kcal

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



COCKTAILS

RHUBARB ROYALE 10.50 | MARGARITA 15.25 | NEGRONI 10.50
ESPRESSO MARTINI 11.50

OUR FAVOURITE SPIRITS

RICK STEIN TARQUIN'S GIN 6.75 | TARQUIN'S GIN 6.50 | PLYMOUTH GIN 6.50
CONNIE GLAZE VODKA 5.75 | DOORLY'S DARK OR WHITE RUM 5.25
BRUGAL GOLDEN RUM 5.75

BEER & CIDER

CHALKY'S BITE (6.8%) 6.25 | ASAHI (5.2%) 5.75
KOREV (4.8%) 5.75 | TRIBUTE (4.2%) 6.25
LUCKY SAINT (0.5%) 5.75 | CORNISH ORCHARDS GOLDEN CIDER (5%) 6.50

SOFT DRINKS

COKE 4.00 | DIET COKE 3.75 | LEMONADE 4.00 | ELDERFLOWER 4.75
GUSTO SICILIAN BLOOD ORANGE 4.50 | GUSTO SICILIAN LEMON YUZU 4.75
BUNDABERG GINGER BEER 4.75 | ORANGE JUICE 4.25 | APPLE JUICE 4.25

SAKE AKASHI

TAU UMESHU 8.50 | HONJOZO TOKUB 8.50 | JANMAI SPARKL 12.50

CHAMPAGNE & SPARKLING WINE

Glass Bottle

PROSECCO BRUT ARGEO, RUGGERI, ITALY	9.60	41.00
CAMEL VALLEY SPARKLING ROSÉ, CORNWALL		71.00
RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE NV	15.00	72.00

WHITE WINE

Glass Carafe Bottle

VERMENTINO, LES VIGNES DE L'EGLISE, LANGUEDOC, FRANCE 2024	8.10	21.40	30.00
GROS MANSENG SAUVIGNON BLANC, DOMAINE HORGELUS, COTES DE GASGOGNE, FRANCE 2024	9.50	25.00	35.00
FIANO, CODICI MASSERIE, PUGLIA, ITALY 2024			39.00
VINHO VERDE 'SIGNUS', QUINTA DA LIXA, PORTUGAL 2024	11.10	29.30	41.00
RICK STEIN'S SPANISH WHITE, VERDEJO, ECOLOGICO, DO RUEDA, SPAIN 2024 (ORGANIC)	11.40	30.00	42.00
CHENIN BLANC 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA 2024			45.00
GODELLO O LUAR DO SIL, VALDEORRAS, SPAIN 2024			45.00
SAUVIGNON BLANC, WAIRAU RIVER, MARLBOROUGH, NEW ZEALAND 2024	12.70	33.60	47.00
RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE 2023			57.00

ROSE WINE

ANCORA ROSATO, CHIARETTO, ITALY 2024	8.10	21.40	30.00
CHÂTEAU BAUDUC ROSÉ, BORDEAUX, FRANCE 2024	10.80	28.60	40.00

RED WINE

LES ARCHERES CARIGNAN, IGP PAYS DE L'HÉRAULT, FRANCE 2024	7.60	20.00	28.00
MALBEC, KAIKEN CLASICO, MENDOZA, ARGENTINA 2023	10.30	27.10	38.00
RIOJA CRIANZA, GRAN DOMINIO, SPAIN 2021			42.00
RICK STEIN'S SPANISH RED, GARNACHA, CAMPO DE BORJA, SPAIN 2022	11.40	30.00	42.00
<small>Rick and his son Charlie worked together to select this wine to match with the flavours he encountered on his journey through Spain. A delicious, juicy and ripe Spanish red.</small>			
SHIRAZ GRENACHE CINSAULT 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA 2024			45.00