VEGAN

PLEASE MAKE A TEAM MEMBER AWARE WHEN ORDERING FROM THE VEGAN MENU.

BREAKFAST

VEGAN BREAKFAST (VG) 6.50
Plant-based sausages and bacon, hash browns, mushroom, grilled tomato, baked beans and toast. 806 kcal

BOWLS

ALL ARE A SOURCE OF PROTEIN, SERVED WITH SOYA BEANS, AND A GRAIN & VEGETABLE MIX BASE.

MEXICAN CRISPY TOFU BOWL (VG) 13.00
Fajita-spiced crispy smoked tofu, onion & pepper mix, turtle beans, fresh tomato salsa, and jalapeños. Served with a PEPPADEW® pepper sauce and guac. 814 kcal

TANDOORI CRISPY TOFU BOWL (VG) 13.00
Tandoori spiced crispy smoked tofu, roasted curry-spiced sweet potato & chickpeas, sliced cucumber & coriander, served with a mango chutney dip. 563 kcal

HOISIN CRISPY TOFU BOWL (VG) 13.00
Hoisin crispy smoked tofu, turtle beans, crispy slaw, sliced cucumber, and spring onion. Served with hoisin sauce and soy dip. 778 kcal

WINGS

CORN RIBLETS (VG)

SMALL PLATE **7.00** 396 kcal

1KG **17.00** 1695 kcal
(Recommended for two people)

ADD GO GO 1KG SHARER AVAILABLE

CHOOSE YOUR SAUCE:

STICKY BBQ SAUCE (VG) +33 kcal / +89 kcal
FRANKS® RED HOT® BUFFALO SAUCE & RANCH (VG) +92 kcal / +135 kcal
CAROLINA REAPER HOT (VG) +32 kcal / +57 kcal

STONE-BAKED PIZZA

MADE FROM A HAND-STRETCHED SOURDOUGH BASE

FETA-LLY DELICIOUS (VG-M) 14.00
With tomato sauce, and Sheese® base, topped with olives, Greek-style Sheese®, red onion and sliced peppers. 1069 kcal

EASY CHEEZY (VG-M) 12.50
With tomato sauce, Sheese® and fresh basil. 924 kcal

SOMETHING SWEET

1 SCOOP FOR 2.00
2 SCOOPS FOR 3.00
3 SCOOPS FOR 3.75

CARAMEL SPECULOOS ICE KREAM (VG)
Plant-based caramel flavour ice kream with speculoos flavour sauce and caramelised biscuit pieces. 111 kcal (per scoop)

DIPS

GARLIC & HERB (VG) 0.75 197 kcal
STICKY BBQ SAUCE (VG) 0.75 70 kcal
CAROLINA REAPER HOT SAUCE (VG) 0.75 32 kcal
SWEET CHILLI SAUCE (VG) 0.75 84 kcal
RANCH SAUCE (VG) 0.75 191 kcal
FRANKS® RED HOT® BUFFALO SAUCE (VG) 0.75 12 kcal

LOADED FRIES

RECOMMENDED FOR TWO PEOPLE

SHEESY (VG) 10.00
Topped with grated Sheese® and Sheese® sauce, chargrilled tomato jam, PEPPADEW® pepper pieces, sweet chilli sauce, fresh tomato salsa and rocket. 1351 kcal

SIDES

SKIN-ON FRIES (VG) 3.75 455 kcal
SIDE SALAD (VG) 3.25 116 kcal
TATER BITES (VG) 3.75 564 kcal
SALT & PEPPER SKIN-ON FRIES (VG) 4.25 544 kcal

FANCY A WRAP OR FLATBREAD?

SERVED WITH SKIN-ON FRIES AND AVAILABLE AS WRAP OR FLATBREAD

CRISPY COATED SMOKED TOFU (VG) 12.00
Crispy coated smoked tofu bites, salt, pepper & chilli mayo, mixed leaves, PEPPADEW® pepper sauce & pieces and garlic & herb sauce, topped with fresh tomato salsa.
1300 kcal (Including bread option, see below)

Flatbread +281 kcal

Wrap +288 kcal

SMASHING BURGER

DELICIOUS BURGERS, SERVED IN A TOASTED BUN, TOPPED WITH ICEBERG LETTUCE, PICKLES, HOUSE BURGER SAUCE SERVED WITH A SIDE OF SKIN-ON-FRIES AND A POT OF BBQ SAUCE.

THE CLASSIC VEGAN MELT (VG) 13.00
Two plant-based beef-style burgers, topped with vegan bacon and Sheese® sauce. 1476 kcal

BAR SNACK

FRICKLES & FRILLES (VG) 5.00
Fried pickles and fried chillies with a ranch dip. 545 kcal

SHARER

NACHOS EL CLASICO (VG-M) 14.00
Topped with vegan Sheese® and Sheese® sauce, guac, fresh tomato salsa, garlic & herb sauce, jalapeños and rocket leaves. 1341 kcal

NGCI*

PLEASE MAKE A TEAM MEMBER AWARE WHEN ORDERING FROM THE NGCI MENU.

*** NON GLUTEN CONTAINING INGREDIENTS**
The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so we cannot guarantee 100% free from; therefore, these meals are not suitable for people with coeliac disease.

BREAKFAST

BREAKFAST ROLLS
BACON 4.00 427 kcal
FRIED EGG & CHEESE (V) 4.50 416 kcal
BACON, EGG & CHEESE 4.50 573 kcal

THE BIG BACON BREAKFAST 6.50
Bacon, fried eggs, hash browns, mushroom, grilled tomato, baked beans and a toasted seeded bread roll. 1126 kcal

VEGGIE EGGIE BREAKFAST (V) 6.50
Fried eggs, hash browns, mushrooms, grilled tomato, baked beans and a toasted seeded bread roll. 941 kcal

VEGAN BREAKFAST (VG) 6.50
Grilled avocado, hash browns, mushrooms, grilled tomato and baked beans. 608 kcal

LOADED FRIES

RECOMMENDED FOR TWO PEOPLE

SAUCY BUFFALO (V) 10.00
Topped with grated mozzarella, Frank's® RedHot® Buffalo sauce, ranch dressing and spring onion. 1185 kcal

SHEESY (VG) 10.00
Topped with grated Sheese® and Sheese® sauce, chargrilled tomato jam, PEPPADEW® pepper pieces, sweet chilli sauce, fresh tomato salsa and rocket. 1351 kcal

BOWLS

ALL ARE A SOURCE OF PROTEIN, SERVED WITH SOYA BEANS, AND A GRAIN & VEGETABLE MIX BASE.

MEXICAN CHICKEN BOWL 13.50
Fajita-spiced chicken, onion & pepper mix, turtle beans, fresh tomato salsa, and jalapeños. Served with sour cream and guac. 494 kcal

TANDOORI CHICKEN BOWL 13.50
Tandoori chicken pieces, roasted curry-spiced sweet potato & chickpeas, sliced cucumber & coriander, served with a mint sour cream and mango chutney dip. 658 kcal

PREFER PLANT-BASED PROTEIN? SWAP FOR CRISPY TOFU (VG)
Tandoori Crispy Tofu Bowl (VG) 563 kcal
Mexican Crispy Tofu Bowl (VG) 814 kcal

SOMETHING SWEET

1 SCOOP FOR 2.00
2 SCOOPS FOR 3.00
3 SCOOPS FOR 3.75

BRAMLEY APPLE & CUSTARD DAIRY ICE CREAM (V)
Custard flavour dairy ice cream with British Bramley apple sauce and caramelised biscuit crumble. 88 kcal (per scoop)

BANOFFEE PIE ICE CREAM (V)
Banana dairy ice cream with caramel sauce and cinnamon biscuit pieces. 99 kcal (per scoop)

STICKY TOFFEE PUDDING DAIRY ICE CREAM (V)
Brown sugar dairy ice cream with a sticky toffee sauce. 104 kcal (per scoop)

CARAMEL SPECULOOS ICE KREAM (VG)
Plant-based caramel flavour ice kream with speculoos flavour sauce and caramelised biscuit pieces. 111 kcal (per scoop)

Treat yourself!

WINGS

CORN RIBLETS (VG)

SMALL PLATE **7.00** 396 kcal

1KG **17.00** 1695 kcal
(Recommended for two people)

ADD GO GO 1KG SHARER AVAILABLE

CHOOSE YOUR SAUCE:

STICKY BBQ SAUCE (VG) +33 kcal / +89 kcal
FRANKS® RED HOT® BUFFALO SAUCE & RANCH (VG) +92 kcal / +135 kcal
CHEESY GARLIC & PARSLEY (V) +138 kcal / +383 kcal
CAROLINA REAPER HOT (VG) +32 kcal / +57 kcal

SMASHING BURGERS

DELICIOUS BURGERS, SERVED IN A SEEDED ROLL WITH HOUSE BURGER SAUCE, ICEBERG LETTUCE AND PICKLES, WITH SKIN-ON FRIES AND BBQ SAUCE.
(UNLESS STATED OTHERWISE)

SMASH BEEF

CLASSIC SMASH MELT 14.00
Two beef smash patties with a caramelised onion & garlic umami glaze, topped with streaky bacon and burger cheese slices. 1332 kcal

THE SPICY BEEF 14.00
Two beef smash patties, smashed with jalapeños and glazed with caramelised onion & garlic umami glaze, topped with burger cheese slices and crispy fried chillies. 1400 kcal

THE OKLAHOMA BBQ BEEF 14.00
Two beef smash patties, smashed with white onion and glazed with a caramelised onion & garlic umami glaze, topped with sticky BBQ beef burnt ends. Served with a pot of mayonnaise. 1521 kcal

GRILLED CHICKEN

CHICKEN CAESAR 14.00
Grilled chicken breast, smothered in garlic & herb sauce and finished with Italian hard cheese. 1194 kcal

BUFFALO CHICKEN 13.50
Grilled chicken breast drenched in Frank's® RedHot® Buffalo sauce and topped with ranch dressing and crunchy slaw. 1092 kcal

BBQ CHICKEN & BACON MELT 15.00
Grilled chicken breast topped with streaky bacon, a burger cheese slice and BBQ sauce. 1060 kcal

ADD AN EXTRA PATTY FOR 3.00

PLANT-BASED

CLASSIC VEGGIE MELT (V) 13.00
Crispy coated smoked tofu burger, topped with a burger cheese slice. 1153 kcal

SIDES

SKIN-ON FRIES (VG) 3.75 455 kcal
SIDE SALAD (VG) 3.25 116 kcal
TATER BITES (VG) 3.75 564 kcal
SALT & PEPPER SKIN-ON FRIES (VG) 4.25 544 kcal

ROLL WITH IT

Seeded rolls served with skin-on-fries.

CRISPY COATED SMOKED TOFU SEEDED ROLL (V) 12.00
Crispy coated smoked tofu bites with salt, pepper & chilli mayo, mixed Leaves, PEPPADEW® pepper sauce and pieces, garlic & herb sauce and fresh tomato salsa. 1478 kcal

SHREDDED CHICKEN SEEDED ROLL 12.50
With salt, pepper & chilli mayo, mixed leaves, grated cheese and sticky BBQ sauce topped with fresh tomato salsa and sweet & sour onion. 1068 kcal

TANDOORI CHICKEN SEEDED ROLL 12.50
Mint mayo, mixed leaves, Tandoori chicken pieces and PEPPADEW® pepper sauce topped with coriander and fresh tomato salsa. 1149 kcal

BAR SNACK

FRICKLES & FRILLES (VG) 5.00
Fried pickles and fried chillies with a ranch dip. 545 kcal

(V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients, however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with vegan ingredients, however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Adults need around 2000 kcal a day.
Refer to main menu for Terms & Conditions.

Vegan/NGCI Menu Band 4 - Core