



THE UNTHANK ARMS

·— EST. 1891 —·

STARTERS

Warm bread and olives · £8.25

Toasted focaccia served with marinated olives, balsamic and olive oil (VE, GFA)

Spiced onion pakoras · £9.50

Crispy spiced onion pakoras served with mango chutney mayonnaise, pickled red onion and red chilli (VE, GF)

Smoked mackerel pâté · £10

Smoked mackerel pâté with horseradish, pickled cucumber and toasted ciabatta (GFA)

Caramelised red onion hummus · £9

Caramelised red onion hummus served with dressed leaves, feta, pomegranate molasses and toasted focaccia (VEA, GFA)

Honey and mustard chicken goujons · £10.25

Honey and wholegrain mustard chicken goujons served with house slaw and crispy onion (DF)





MAINS

Sausage and mash · £19.25

Swannington Farm-to-Fork pork sausages served with mashed potato, kale, red wine gravy and crispy onions (GFA)

Vegetarian sausage and mash · £18.75

Vegetarian sausages with mashed potato, kale, red wine gravy and crispy onions (V)

8oz rump steak · £26.75

Served with skin-on fries, confit tomato, peppercorn sauce and house salad (GFA)

Pan roasted chicken thighs · £22.50

Pan roasted chicken thighs with chorizo and white bean cassoulet, kale and chorizo oil (GF)

Giardiniera and pan fried gnocchi · £19

Pan fried gnocchi with courgette, ricotta, chilli and garlic, finished with parmesan (GF, V, VEA)

Citrus salmon filo · £23

Salmon fillet in filo pastry served with samphire, herb crushed new potatoes and dill velouté

Braised harissa lamb · £23.50

Slow braised lamb with harissa, served with tzatziki, gremolata, feta, toasted pitta and dressed leaves





BAR CLASSICS

Ale battered haddock and chips · £19

Ale battered haddock with triple cooked chips, black garlic and dill mayonnaise, lemon wedge and citrus salt (GF, DF). Add minted mushy peas · £0.50

The Unthank burger · £18.50

A 6oz Swannington beef patty topped with Monterey Jack cheese and smoked bacon, served with Gem lettuce, smoked burger sauce, pickles, skin-on fries and house slaw (GFA)

Moving Mountains burger · £18

Plant-based burger served with smoked burger sauce, Gem lettuce, gherkins, skin-on fries and house slaw (VE)

Korean bbq chicken burger · £19.25

Crispy chicken burger with Korean bbq sauce, kimchi slaw, Gem lettuce and Monterey Jack cheese, served with crispy onion and skin-on fries (GFA)

SIDES

Skin-on fries · £5.25

(GFA)

Hand-cut chips · £5.25

(GFA)

Onion rings · £5.50

(GFA)

House salad · £6

With lemon dressing (GF)

Tempura jalapeños · £7.50

Served with sour cream (GFA)





DESSERTS

Double chocolate brownie · £8.75

Warm chocolate brownie with dulce de leche and vanilla ice cream (GF)

Raspberry and white chocolate cheesecake · £8.75

Baked cheesecake with berry compôte and caramelised white chocolate

Dark chocolate and hazelnut torte · £9

Rich chocolate and hazelnut torte served with berry compôte and hazelnut praline (GF, VE)

Unthank cheese board · £13.25

A selection of Brie, Blue Stilton and Smoked Applewood, served with frozen grapes, celery, red onion marmalade and artisan crackers

Lemon tart · £9

Lemon tart served with raspberry sorbet and raspberry dust

COFFEE AND TEA

Americano · £2.50

Cappuccino · £3.00

Flat White · £3.00

Latte · £3.00

Espresso/Double · £2.20/£2.70

Hot Chocolate · £3.00

Mocha · £3.00

Tea/Herbal/Fruit · £2.30





CIABATTAS

Available Monday–Saturday, 12–5pm

All served with fries, salad & slaw

Haddock goujons · £14.50

Crispy haddock goujons with black garlic and dill mayonnaise and Gem lettuce

Swannington pork sausage and red onion marmalade · £14.50

Swannington Farm-to-Fork pork sausage with red onion marmalade

Vegan sausage and red onion marmalade · £13.50

Plant-based sausage with red onion marmalade (VE)

Sun dried tomato and feta · £13.50

Sun blushed tomatoes with plant-based feta and rocket (VE)

Smoked bacon and Monterey Jack · £14.50

Smoked streaky bacon with American mustard and Monterey Jack cheese





SUNDAY ROASTS

Served Sundays, 12–8pm

All roasts come with roast potatoes, braised red cabbage, smashed swede, Savoy cabbage, maple-glazed carrots & parsnips, Yorkshire pudding and homemade gravy.

Topside of beef · £20

Roasted with rosemary and sea salt

Chicken supreme · £19

With sausage and herb stuffing

Blythburgh pork loin · £19

Slow-roasted Blythburgh pork

'All the meats' · £26

Beef, chicken and pork with extra roast potatoes and two Yorkshires

Vegetarian porcini polenta loaf · £17.50

With roast potatoes, braised red cabbage, smashed swede, Savoy cabbage, maple-glazed carrots & parsnips, Yorkshire pudding and homemade vegetarian gravy (V)

Vegan porcini polenta loaf · £16.50

With roast potatoes, braised red cabbage, Savoy cabbage, maple-glazed carrots & parsnips, and homemade vegan gravy (VE)

Children's roasts

Chicken or nut roast · £7.50 | Beef · £8

Cauliflower cheese · £6

Creamy baked cauliflower with cheese (V, GF)

All roasts can be made gluten free

