

the *Field to fork* rambler



Build Your Own Tray
CHOOSE A BASE, PROTEIN & TWO SIDES

£15

Base

- BROWN RICE PILAF **VE / GF**
- KALE & SPINACH SALAD **VE / GF**
- BAKED ORANGE SWEET POTATO **VE / GF**

Sides

- SESAME SEED BROCCOLI **VE / GF**
- RAS AL HANOUT ROAST CAULIFLOWER
& HAZELNUT SALAD **VE / GF**
- MAC & CHEESE **VE / GF**
- HARISSA AUBERGINES **VE / GF**
- MIXED BEAN & ROAST PEPPER SALAD **VE / GF**
- HERITAGE BEETROOT, GOAT'S CHEESE
& TOASTED WALNUT SALAD **V / GF**



Protein

- ZHOUG ROAST CHICKEN **GF**
- LEMONGRASS & TURMERIC TOFU CURRY **VE / GF**
- BASQUE CHICKEN STEW **GF**
- SLOW ROASTED BEEF FEATHERBLADE **GF | +1.5**
- RED MISO & LIME ROAST SALMON **+1.5**

Dressings

+0.95

WHIPPED TAHINI / RED MISO & LIME /
ZHOUG / PLANT BASED AIOLI

Drinks

- SPARKLING WATER KEFIR PINK
GRAPEFRUIT & LIME 3.75
- SPARKLING WATER KEFIR
PASSIONFRUIT & RASPBERRY 3.75