



Breakfast Buffet

Breakfast buffet selection 13.95

Breakfast

Fuller's full breakfast St Ewes eggs, smoked back bacon, vine-roasted tomato, hash browns, Cumberland sausage, baked beans, portobello mushroom, wild farmed sourdough toast 14.95

Full healthy, Porter smoked salmon smashed avocado, poached St Ewe eggs & toasted sourdough 13.95

Plant based breakfast Vegan sausages, hash browns, vine roasted tomato, avocado, portobello mushroom, baked beans, wild farmed sourdough toast *(pb)* *(v)* 14.95

Red pepper shashuka with preserved lemon salsa verde, poached eggs *(v)* 12.95

Red pepper shashuka with preserved lemon salsa verde *(pb)* *(v)* 12.95

Smashed avocado wild farmed sourdough toast, poached St Ewes eggs *(v)* 11.95

Vegetarian breakfast St Ewes eggs, veggie sausage, hash browns, vine roasted tomato, avocado, flat mushroom, baked beans, wild farmed sourdough toast *(v)* 14.95

St Ewe Eggs

Cold cut ham benedict muffin, poached St Ewe eggs 12.95

Eggs florentine muffin, poached St Ewe eggs *(v)* 12.95

London Porter Royale muffin, poached St Ewe eggs, London Porter smoked salmon 13.50

Dippy St Ewe's eggs wild farmed sourdough toast, marmite, Netherend farm butter *(v)* 8.50

Bagels

Avocado bagel beef tomato & rocket *(v)* 9.95

B.R.A.T bagel bacon, rocket, avocado & tomato 10.50

Beef pastrami bagel Monterey Jack & pickled cucumbers 10.50

Smoked salmon bagel with cream cheese & pickled cucumbers 10.50

Sweet

Coconut french toast with yoghurt and roasted pineapple *(pb)* *(v)* 10.95

French toast with seasonal berries & whipped vanilla mascarpone *(v)* 10.95

Creme brulee french toast with seasonal stone fruit, whipped vanilla mascarpone *(v)* 10.95

Banana bread with whipped 'Illy' espresso mascarpone *(v)* 7.95



FULLER'S

Kids Breakfast

Kids beef pastrami bagel Beef pastrami and Monterey Jack cheese 9.95

Smoked salmon bagel with cream cheese 9.95

Kids cured ham and Monterey Jack bagel 8.95

Kids English breakfast St Ewe egg, back bacon, roasted vine tomato, hash brown, Cumberland sausage, baked beans, wild farmed sourdough toast 9.95

Kids vegetarian breakfast St Ewe egg, veggie sausage, hash brown, roasted vine tomato, avocado, baked beans, wild farmed sourdough toast (v) 9.95

Kids St Ewe cheese & ham omelette with cured ham and Monterey Jack cheddar 8.50

Kids St Ewe Cheese omelette (v) 7.95

Kids St Ewe omelette (v) 7.95

Extra Add Ons

Add on Heinz baked beans (pb) (v) 1.50

Add on poached egg (v) 2.50

Add on scrambled egg (v) 2.50

Fried egg (v) 2.50

Greek yoghurt (v) 1.00

Add on hash brown (pb) (v) 2.00

Add on pork sausage 2.50

Smashed avocado (pb) (v) 2.50

Add on roast vine tomato (pb) (v) 1.50

Add on back bacon 2.50

Takeaway Bagels

Takeaway breakfast Avocado bagel, choice of juice & flapjack 13.95

Beef pastrami bagel Monterey Jack & pickled cucumbers, choice of juice & banana bread 13.95

Smoked salmon bagel with cream cheese & pickled cucumbers, choice of juice & banana bread 13.95

Pawel Stelmach Head Chef



For information about allergens in our food, please scan the QR code or ask a team member. If you have any food allergies, let us know when placing your order. (v) vegetarian (pb) plant based.

Adults need around 2000 Kcal per day

www.handandflower.co.uk



FULLER'S

Hot Drinks

Black Americano (v) • **Latte** (v) • **Flat White** (v) • **Cappuccino** (v) • **Espresso** (v) • **Mocha** (v) •

Double Espresso (v) • **Hot chocolate** (v) • **Selection of Teas** (pb) (v)

Pavel Stelmach Head Chef



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