

Menu

NIBBLES

Marinated Olives (GF, VE) £6.00
Mixed black and green pitted olives

Bread Selection £7.00
Whipped smoked paprika butter, olive oil and balsamic

Red Pepper Hummus (VE) £9.00
With toasted seeds and warm flatbread

SHARERS

Sharing Mezze Board (VE) £15.00
Hummus, olives, spiced falafel, stuffed vine leaves, grilled halloumi and warm flat bread

The Plough Trencher £25.00
Crispy pork belly bites, gochujang chicken wings, spiced falafel and balsamic onions

STARTERS

Marinated Mushrooms (VG) £9.00
On toasted sourdough and a chimichurri dressing

Crispy Pork Belly Bites £9.50
Glazed in a katsu sauce and mango salsa

Pan Fried Ssamjang King Prawns £11.50
Served on toasted sourdough

Gochujang Chicken Wings (GF) £11.00
Spring onions and sesame seeds

Crushed Avocado & Edamame Crayfish Cocktail (GF) £11.50
Tossed in marie rose sauce and pickled cucumber

Crispy Duck Salad (GF) £11.50
Yuzu dressing, watercress, mouli, carrot, pickles and plum sauce

Roasted Beetroot & Whipped Feta (GF) £12.50
Watermelon, prosciutto and toasted pumpkin seeds

SALADS

£15

Bang Bang Salad (GF, VE)
Carrots, red cabbage, rice noodles, edamame cucumber, tomato and a nut free katsu dressing

Add me!

Add Satay Chicken £4
Add Classic Chicken £4
Add Crispy Duck £5
Add Tofu £4

£18

Classic Caesar Salad
Baby gem lettuce, shaved parmesan, herb sourdough croutons and a caesar dressing

SANDWICHES

£11

All served with a mixed leaf salad & crisps. Add Fries £5

Cod Fish Finger Bap
Homemade tartare sauce and lettuce

Slow Roasted Salt Beef Bagel
Pickled red onion, gherkins and dijon mustard

Smoked Salmon & Avocado Bagel
Dill and caper sour cream

Chicken Caesar Ciabatta
Baby gem leaf, caesar dressing and shaved parmesan

Avocado & Beetroot Bagel (VG)
Pickled red onion and pumpkin seeds

Served Monday - Saturday, 12pm - 5pm.

The Plough, Elstree

Menu

GRILL

Wagyu Smash Burger £19.00

Caramelised onions, american cheese and burger sauce. Served with skinny fries

Very Veggie Burger £19.00

Tomato salsa and onion jam. Served with skinny fries

Flat Iron Steak £25.00

With spinach, buttermash and a chimichurri sauce

FISH

Hand Battered Cod (GFM) £22.00

Classic fish and chips, with mushy peas and homemade tartare sauce. Served with triple cooked chips

Smoked Haddock & Mango £22.00

Kedgerree Fish Cake (GF)

Crushed peas, pea puree and a fried egg

Pan Fried Sea Bass £26.00

Roasted courgettes, sun blushed tomatoes, olives, baby potatoes and a nut free pesto dressing

MAINS

14HR Braised Beef & Ale Pie £20.50

Served with buttered mash, red wine gravy and buttered seasonal greens

Sri Lankan Curry (VE, GFM) £19.00

Sweet potato, spinach, chickpeas, curry leaves, coconut sambal, pilau rice and garlic naan

Add Chicken £4.00

Gammon & Eggs (GF) £19.00

Maple glazed gammon, two fried eggs, piccalilli. Served with triple cooked chips.

SIDES

Triple Cooked Chips £5

Skinny Fries £5

Garlic Ciabatta £5

Add Cheese £1.50

Seasonal Leaf Salad £5

Pilau Rice £5

Buttered Mash Potato £5

Seasonal Greens £5

SUNDAY ROAST

Served every Sunday, prepared by our chefs with succulent meat, roasted to perfection.

Each dish is accompanied by a fluffy Yorkshire pudding, Golden roast potatoes, seasonal vegetables & rich gravy

Sirloin Of Beef

Dry aged beef sirloin, marinated in roasting herbs and slow cooked

£25.00

Breast of Chicken

Aromatic sage and onion stuffing

£22.00

Lamb Rump

Seasoned with rosemary salt and slow cooked

£24.00

Plant Roast

Seasonal plant based roast. Ask your server for today's choice

£22.00

DESSERTS

Chocolate Brownie

Vanilla gelato, fudge chunks and a salted caramel sauce

£9.00

Freshly Made Crumble of the Day

Served with vanilla gelato or custard. Ask your server for today's choice

£8.50

Gelato by Gelarto

3 scoops of authentic Italian gelato

£8.50

Cheesecake of the Day

Ask your server for today's choice

£9.00

Sticky Toffee Pudding

Salted caramel sauce and vanilla gelato

£9.00

The Plough, Elstree