

F O O D

We recommend
2 to 3 dishes each,
or around 5 to 6
between two
to share

STREET PLATES

Perfect alongside a curry, or choose
a few and make a meal of them

Yoghurt Chat Bombs 6
A real flavour explosion. Crisp puff breads filled with chickpeas, spiced yoghurt, tamarind, coriander & topped with a pomegranate seed. (302 kcal) V/Vg*

NEW Onion Bhajis 6.3
Crispy onion, vegetable & chilli tangles deep fried in an aromatic spiced gram flour. Served with a punchy tikka dipping sauce on the side. (642 kcal) Ng/V/Vg

Himalayan Cheese Toast 6.9
Cheese on toast done the Indian way with melting mature cheddar, red onion & green chilli. Served with a spiced Indian pickle. (564 kcal) V

Fenugreek Kissed Fries 6.5
Golden fried potato cubes tossed in turmeric, fenugreek & our Mowgli masala. (940 kcal) Ng/V/Vg

Treacle Tamarind Fries 7.8
Crisp turmeric potato cubes glazed in a spiced black treacle tamarind sauce. (1153 kcal) Ng/V/Vg

Mowgli Chip Butty 7.9
Fenugreek Fries, fiery chilli pickle, red onion, coriander, green chilli & Mowgli tomato relish, all served in a roti wrap. (1082 kcal) V/Vg

Diwali Cauliflower 8.5
A festival of bright colours. Golden turmeric-roasted cauliflower topped with sev, pomegranate, coriander, yoghurt & tamarind chutney. (559 kcal) Ng/V/Vg*

NEW Mowgli Crispy Wings 9.3
Super-seasoned & spicy with a moreish kick. Crunchy fried wings tossed in spices & served with a fiery dipping sauce. (590 kcal) Ng

Monkey Tandoor Roti 11
An open roti wrap with succulent charred tandoori chicken, pomegranate, mint & spinach. Drizzled with a rainbow of homespun chutneys. (682 kcal)

Angry Bird 9.8
Succulent chicken thighs chargrilled with fragrant tandoori spices, yoghurt, ginger & garlic. Served with a popped mustard Mowgli Slaw. (840 kcal) Ng

Gunpowder Chicken 8.8
Our flavour-packed chicken poppers. Chicken marinated in ginger, garlic & garam masala, then golden fried in a light chickpea batter. (467 kcal) Ng

Sticky Chicken 9.3
Our lip-smacking crispy chicken bites, fried in chickpea batter for deep flavour & glazed all over in our sticky, sweet, spiced dark molasses. (601 kcal) Ng

Maa's Lamb Chops 12.9
Tender lamb chops marinated in an aromatic spiced yoghurt, ginger & garlic, served with Fenugreek Kissed Fries on the side. (802 kcal) Ng

NEW THE LIGHT KITCHEN

Ideal if you're after something lighter,
or simply don't fancy a curry

Chicken Frankie Wrap 8.9
Golden, flaky paratha wrapped around tandoori chicken, mustard slaw, crispy onions & our red chutney. An Indian street market staple. (575 kcal)

Rainbow Frankie Wrap 8.5
Bombay-style paratha wrap bursting with garlic butter tenderstem broccoli, zingy slaw & red chutney. Full of colour & crunch. (534 kcal) V/Vg*

Mowgli Chicken Salad 10.7
Glazed tandoori chicken with our homestyle salad slaw, topped with edamame, jewelled pomegranate & crispy onions. (406 kcal) Ng*

Mowgli Tenderstem Salad 10.2
Garlicky grilled tenderstem broccoli with our homestyle slaw & all the goodness of greens. Fresh, crunchy & full of bite. (316 kcal) Ng*V/Vg*



TIFFIN FOR ONE

Food roulette chosen by chef as it is in India

Office Worker's Tiffin 19
Four tiers of meat, veg & carb jeopardy - delicious pot luck. Ng

Indian School Tiffin 17
Four tiers of meat free pot luck, the way Indian students eat every day. Ng/V/Vg*

OUR SHARING MENU

£25 per person
Ask your server for the full menu

A tour of Mowgli flavours featuring street plates, curries & a dessert each.

THE HOUSE KITCHEN

Recipes handed down from my
Bengali ancestors

Mother Butter Chicken 10
Chicken Tikka Masala does not exist in India; Butter Chicken is the real deal - the kind made in Mother's kitchens. Tandoori chicken pieces simmered in a rich, sweet, spiced tomato & yoghurt sauce. (444 kcal) Ng

House Chicken Curry 10
A lush South Indian curry gently simmered with fragrant curry leaves, coconut milk & ground almonds. You want tame but tantalising? Then go for this one. (481 kcal) Ng

House Lamb Curry 11.2
Slow-cooked lamb that falls apart, simmered with anise, plums & chickpeas. This was my Dad's heirloom recipe. A deep, rich, home kitchen gem, passed down through generations. (465 kcal) Ng

Mowgli Chicken Biryani 15
A one-pot wonder. Delicately spiced golden rice with tender aromatic curried chicken, finished with a slick of ghee for luxurious richness & lifted with a bright squeeze of lemon. Served with crunchy mini poppadoms & a yoghurt dip. (933 kcal)

Goan Fish Curry 10.2
Boneless market fish simmered in a deep, mahogany spiced sauce with tamarind, ginger, coriander & smoky Kashmiri chillies. Fiery, tangy, sweet & delicious. (288 kcal) Ng

Aunty Geeta's Prawn Curry 9.8
Juicy prawns simmered in a haunting Bengali Five Spice infused tomato sauce with green chilli & sweet garden peas. Utterly addictive. (195 kcal) Ng

Mowgli Paneer 9.8
A firm staff favourite. Tender cubes of soft paneer cheese simmered with velvety sweet, spiced tomatoes & garden peas. Gentle, rich & comforting, with a delicate warmth. (516 kcal) Ng/V

Mowgli Black Dahl 6.5
Simmered through the night, luxurious black lentils, aromatic spices, garlic & butter, finished with a slick of cream. Earthy, velvety & warming. (608 kcal) Ng/V

Temple Dahl 6
The ultimate Indian home comfort food. Red lentils simmered until tender, brought to life with flavours of toasted cumin, coriander & lemon. (361 kcal) Ng/V/Vg

Tea Steeped Chickpeas 6
Chickpeas long-simmered in a rich, deep Darjeeling spiced tomato & spinach sauce. Warming, hearty & deeply satisfying. (293 kcal) Ng/V/Vg

Picnic Potato Curry 6
Potatoes slow cooked with pickling spices, fenugreek, tomatoes & turmeric. This dish is even delicious cold with puri, a family picnic favourite. (262 kcal) Ng/V/Vg

COMPANIONS

Homestyle Cumin Rice 3.9
(315 kcal) Ng/V/Vg

Garlic Butter Paratha 4.5
Soft & flaky flatbread, served warm with garlic & coriander butter. (453 kcal) V

Puffed Puri Bread 4.3
Pillowy, soft fried golden flatbread puffed up & ready to tear. (168 kcal) V/Vg

Roti Breads 4.3
Two ghee brushed Roti homestyle flatbreads. (439 kcal) V/Vg*

Mini Poppadoms 3
Crisp miniature bites. Perfect for scooping & dipping. (110 kcal) Ng/V/Vg*

Mowgli Slaw 3.5
Red cabbage with our light & moreish house dressing. (430 kcal) Ng/V/Vg