CRAFTED WITH CARE, SERVED WITH A HELLO

At Hello Meals, we believe great food starts with great ingredients. Every dish we create is made using fresh, high-quality produce, carefully selected meats, and flavours designed to bring people together.
From comforting classics to modern favourites, our mission is simple — to serve honest, delicious food that feels good from the very first bite. We're passionate about quality, dedicated to flavour, and proud to be part of your experience here at The Pembroke Pub.

Thank you for dining with us — we hope every meal feels like home.

hellomeals
WHERE EVERY MEAL SAYS HELLO

DO YOU HAVE ANY ALLERGIES?
PLEASE INFORM STAFF OF ANY ALLERGIES BEFORE PLACING YOUR ORDER, EVEN IF YOU HAVE EATEN THE DISH BEFORE, AS INGREDIENTS CAN CHANGE & MENUS DO NOT LIST ALL INGREDIENTS.

SCAN THE QR CODE FOR FULL DETAILS ON ALLERGENS IN OUR FOOD

SUNDAY MENU

THE PEMBROKE
Pub & Kitchen

FLAVOUR BROUGHT TO YOU BY :

hellomeals
WHERE EVERY MEAL SAYS HELLO

STARTERS

Soup of the day (ask team member) £ 7.50
Served with Crispy fried onion, chives along with bread and Butter

Cheesy Nachos £ 11.20
Served with mozzarella cheese, salsa, Jalapenos, guacamole and sour cream

Crispy Chicken Goujons (5ps) £ 9.00
Served with BBQ sauce

Chicken Wings £ 9.00
tossed in sweet chilli sauce/ BBQ/ hot buffalo sauce, topped with spring onion and red chilli

Dusted Calamari £ 9.50
Served with sweet chilli sauce



SIDES

Chunky Chips	£ 4.50
Skin on fries	£ 4.50
Sweet Potato Fries	£ 5.00
Onion Rings	£ 4.50
Garlic Bread	£ 7.49
Cheesy garlic bread	£ 8.49

SHARERS

Crispy chicken goujons (12pcs) £ 16.00
Served with BBQ sauce

1 KG chicken wings £ 15.00
tossed in BBQ/ hot sauce/ hot buffalo sauce topped with spring onion and red chilli

Irish spice bag £ 11.00
crispy golden fried chicken peices and fries tossed in salt and pepper spices with peppers and onions served with irish curry sauce

SUNDAY ROAST

All sunday roast menus are served with roasties, yorkshire pudding, carrots, parsnip, savoy cabbage, broccoli and gravy on the side

BEEF	£ 18.00
PORK	£ 18.00
LAMB	£ 18.00
CHICKEN	£ 16.00
TRIPLE ROAST BEEF, CHICKEN & PORK	£ 20.00
VEGGIE WELLINGTON	£ 15.00

FROM THE GRILL

Rib eye steak £ 17.50
Served with chunky chips, onion rings, mushrooms and grilled tomato, optional peppercorn sauce

Signature Gammon Steak £ 16.00
Topped with fried egg, Pineapple wedges, chunky chips, onion rings, mushrooms and grilled tomato

Mixed grill £ 18.50
5 OZ Gammon, 5 OZ Rib eye steak, chicken breast, sausage, fried egg, mushroom, grilled tomato, chunky chips and onion rings





PIZZA

Gamberetti Pizza £ 14.79
king prawns, chorizo, sweet red drop peppers & rocket

Margherita Pizza £ 12.99
basil leaves & cherry tomato

Diablo Pizza £ 13.79
chorizo, pepperoni, sweet red drop peppers, red chilli & spicy honey

Pepperoni & Jalapeno Pizza £ 13.29
pepperoni & jalapeno

Meat feast Pizza £ 14.99
beef, pepperoni & chicken

BURGERS

All burgers served with BBQ sauce and fries

Prime cheese burger £ 16.50
Prime beef patty topped with a cheese slice, baby gem lettuce, red onion, burger sauce, tomato, gherkin & ketchup

Cheese and bacon burger £ 17.50
Prime beef patty topped with cheese and a bacon slice, baby gem lettuce, red onion, tomato, gherkin, burger sauce & ketchup

Buttermilk chicken burger £ 16.50
Crispy coated chicken topped with a slice of cheese, baby gem lettuce, red onion, tomato, gherkin, burger sauce & ketchup

Chicken & bacon burger £ 17.50
Crispy coated chicken topped with cheese and a bacon slice, baby gem lettuce, red onion, tomato, gherkin, burger sauce & ketchup

Crispy halloumi burger £ 16.50
Two fried halloumi slices, baby gem lettuce, red onion, tomato, gherkin, mushroom, burger sauce & sweet chilli sauce

Vegan Burger £ 16.50
Crispy vegan burger patty, vegan cheese, baby gem lettuce, tomato, gherkin, mushroom, vegan mayo