

SMALL PLATES

Hummus	
Roasted chickpeas, flatbread (VG)	£6.50
Buffalo fried chicken	
Celery, blue cheese mayonnaise	£10.50
Charred padrón peppers	
Sea salt (VG)	£7.00
Honey mustard sticky sausages	£7.00
Crispy fried squid	
Spring onion, chilli, lime, aioli	£10.50
Tortilla chips	
Smashed avocado, pico de gallo (VG)	£7.50
Grilled Tiger prawns	
Chilli, garlic, lemon, parsley, toast	£13.50
Whipped feta & lemon dip	
Roasted peppers, tortilla chips (V)	£8.00
'Nduja & manchego croquettes	
Saffron aioli	£10.00
Crispy smashed potatoes	
Chermoula, jalapeño cream cheese dip (V)	£7.50

SANDWICHES

Sterling club, grilled chicken, smoked bacon, avocado, tomato, lettuce, onion, ranch dressing	£14.50
Veggie club, grilled halloumi, avocado, tomato, lettuce, onion, ranch dressing (V)	£13.50
Fish finger, crispy crumbed cod, gem lettuce, tartare sauce	£11.00
Crispy chicken Caesar wrap, croutons, parmesan, cos, anchovy dressing	£13.00
City cheese steak, seared Angus beef rib, melted cheddar, slow cooked onions, beef jus	£15.50

MAINS

Bacon cheeseburger	
Lettuce, pickle, onion, burger sauce, fries (VG upon request)	£18.50
Grilled chicken burger	
Lemon & garlic marinated chicken, crunchy Asian slaw, tomato, chipotle mayo, fries	£19.50
Goan style monkfish & tiger prawn curry	
Ginger, lime, coriander, steamed jasmine rice (V) (VG upon request)	£21.50
Panko crusted chicken schnitzel	
Smacked cucumber pickle, steamed rice, katsu curry sauce	£19.50
Smoked haddock & salmon fishcake	
Charred broccoli, spinach, soft poached egg, lime aioli	£17.00
Toulouse sausages	
Red wine braised puy lentils, grain mustard, salsa verde	£17.50
Venison chilli con carne	
Lime crema, pico de gallo, tortilla chips	£16.50
Seared flat iron steak	
Mixed leaf salad, herb & garlic butter, fries	£23.50
Spicy tomato vodka rigatoni	
Stracciatella, parmesan, olive oil (V)	£14.00

Build Your Own SALAD BOWL

1

CHOOSE PROTEIN

Chicken £16.00 or Salmon £18.00
or Halloumi £15.00

2

ADD BASE

Miso grains (VG) or
Charred broccoli & sweet potato (VG)

3

ADD GARNISH

Asian Style Slaw (VG) or
Baby spinach & cos salad (VG)

4

ADD DRESSING

(All topped with our super seed mix)
Ranch (VG) | Chipotle mayo (V) |
Chermoula | Caesar |
Lemon & olive oil (VG)

SIDES

Rosemary salt fries (VG)	£5.00
Sweet potato fries (VG)	£6.50
Broccoli, chilli, garlic, olive oil (VG)	£6.00
Mashed potato, garlic butter, chives (V)	£6.00
Green leaf salad (VG)	£5.00
Truffle & parmesan fries (V)	£7.00

— THE —
STERLING



An optional 12.5% will be added to your bill.
If you have any allergies, please let us know
& we'll talk you through our allergen menu

THE
STERLING